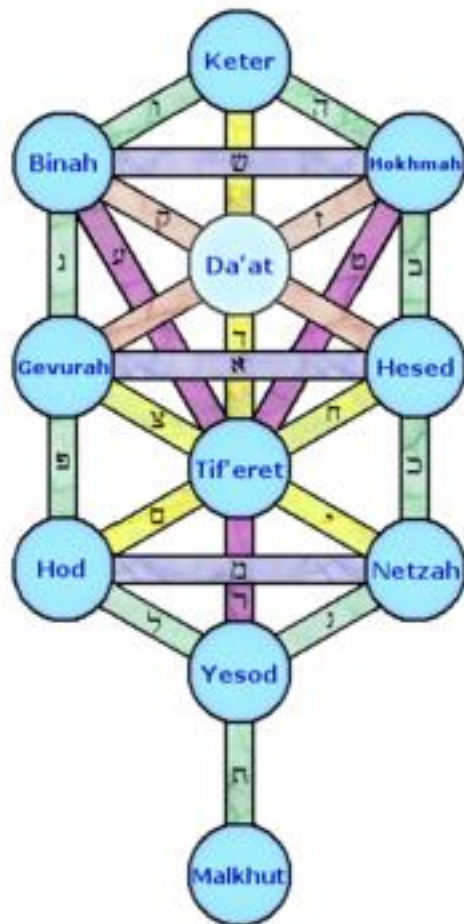
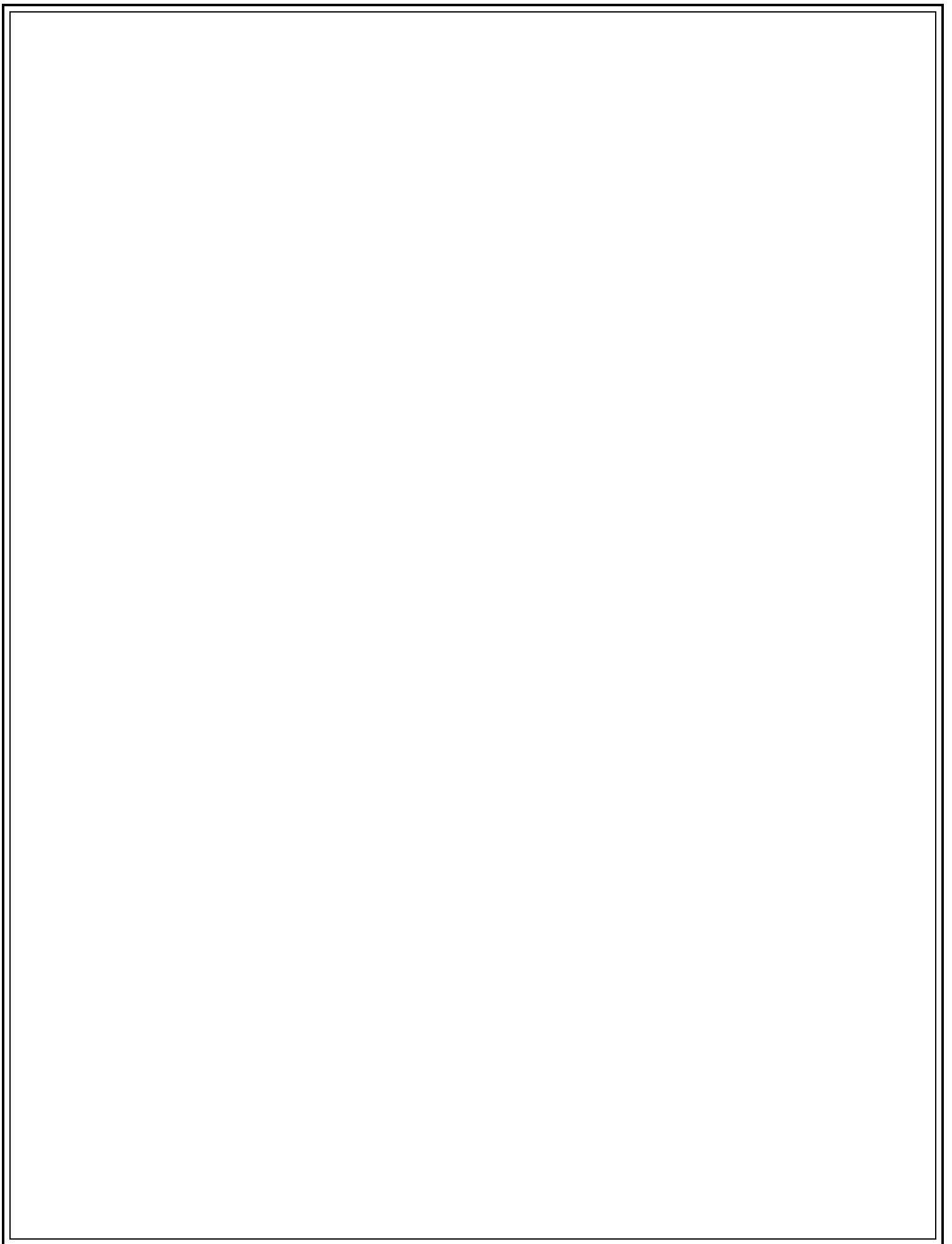


Hermetic QABALAH



Written and Compiled by Laurie- Lady Eleanor

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INTRODUCTION

These teachings have been handed down from the 7th Mystery School, which is dedicated to preparing people for the initiatory process with the Universal Brotherhood and Sisterhood of Light. The tools of transformation that have proved to be of the highest quality and the most expedient include ascension of the Tree of Life through Qabalah, Initiation, and the handing down of ancient wisdom teachings. Over the centuries many humans have totally transformed their lives and come into full service of the Light utilizing these tools.

The Qabalah sets one into a new world of thinking, and opens up the gates to hidden dimensions of understanding and awareness. It is a journey into the one creation and into each part of its vast manifestation of density.

Through Qabalah, the very DNA of life is explained and understood, allowing the individual to change both inwardly and outwardly. Quieting your mind and awakening inner gifts, Qabalah is truly a transformative tool.

My job as a Qabalah teacher is to awaken these ancient teachings within each individual, giving them pertinence to the complexity of modern daily life. I will assist each student with application and integration of the Qabalah into their personal life.

I welcome you and look forward to taking this journey with you.

CLASS OVERVIEW

The Holy Qabalah is the best system for having control of one's life, both spiritually and in a physical manner. It is a system that takes over the mind and reorganizes it so that more can be accomplished. The key goals of the Qabalah are:

- 1) Regaining contact with God
- 2) Regaining control over one's life
- 3) Living with peace of mind and joy

These are the three most important goals, and we have many tools within the Qabalah that assist us in accomplishing them. The greatest tool for this is the Tree of Life and the Sephiroth.

The Qabalah is an instrument of God, embracing the energies we find in all things: the energy of nature, the energy of the sky, the energy of the mountain, and the energy found within. It is also a tool to reaffirm our contact to the one Creator, the absolute God, and to maintain that contact forever!

The Tree of Life or Universal Qabalah is a simple system of understanding yourself and of reconnecting with God and the God essence within. By awakening energies, creating thought patterns of pure manifestation, and opening the gates of the soul, Qabalah will help you answer all the important questions that you need to ask in life. It is the most powerful tool on the planet for manifestation, self-discovery, and empowerment. To understand and perceive the Universal Qabalah is simple. We study each one of the spheres (qualities of Divinity) on the Tree a month (11 spheres) and incorporate that quality into our lives. In order to do so, we have to clear out aspects of ourselves that conflict with that quality. At the end of the year of study, we are greatly transformed!

Universal Qabalah gives direct solutions to many problems, and helps you answer some of the most important questions a human has, such as

- ❖ **Who am I?**
- ❖ **What am I?**
- ❖ **Where did I come from?**
- ❖ **Where am I going?**
- ❖ **What is my purpose in life?**

Course Format:

The Qabalah Program is an ongoing year-long study of the Tree of Life. The class is broken down into monthly packets to support your study and experience with a specific Sphere also called Sephiroth. Many Qabalah Teachers offer 4 physical (ascension) Ascension Programs. If so, these are spaced approximately 3 months apart. I offer a Qabalah Symposium every November. This retreat is dedicated to the physical Ascensions into each sphere over 4 days. These monthly study groups via Webinar allow you to delve deeply into the energy of each Sefhira.

Each Sefhira (sphere) on the Tree represents an aspect of quality of Divinity, they represent an aspect of your "being". Through the study group program we experience one Sefhira per month and learn to incorporate this divine quality into our lives as we evolve our physicality, personality, and Individuality with that quality. This requires that we examine our lives and learn to understand ourselves better. The result is deep, holistic healing at all levels of our being. The healing is integrated and this allows the intellect to USE the energy consciously. The conscious use of energy is called "self-crafting".

As we ascend or move up the Tree intellectually and experientially we are transforming and transmuting, clarifying and coming to a deep understanding of energy and our personalities. Each of us ascends into the energies of the Sephiroth (spheres), resulting in the inner initiation to that Sefhira. At the end of the year's study you are changed forever and reside in the Supernal Triangle. You may then claim the title of Qabalist. The grand purpose of the program is to support YOU as you develop a deep inner connection with the Divine. This allows you to know yourself, not just physically or personally, but Spiritually!

What Will the Qabalah Do for You?

- 1) Change the way that you think from negative thinking to positive thinking.
- 2) Eliminate the subconscious, which constantly bites you in the behind with things from the past.
- 3) Reorganize your mind to eliminate mind clutter. We call this purification. You will accomplish more.
- 4) Re-establish your contact with God and the Hierarchy of Light.
- 5) Awaken your gifts that you have from birth, from God, and your desire to use them.
- 6) Awaken the spiritual aspect of yourself so that you will feel closer to the service to light.
- 7) Set forces in motion that otherwise have been dormant, and these forces will change your life!

The Qabalah is the structure of consciousness like a filing system. The principles of Qabalah are:

1. It must be personally received. It is great to read books about Kabbalah, Qabalah, or Cabalah as long as you remember that it is the Author's Personally Received Understanding. My job is to teach you the correspondences and techniques to use each sphere properly.
2. It is received on four levels at once. These are called the 4 worlds of creation. These 4 world correspond to the 4 directions, the 4 elements, and to the 4 aspects of Hierarchy assigned to each sphere.
3. It is the Tree of Eternal Life rather than the Tree of Knowledge. This Tree of Life structure blends together or matches every other Metaphysical structure and teaching. It is a Universal Glyph or Symbol that every culture has utilized in their spiritual expression. The only difference between the cultural versions of the Tree of Life teachings are the names used to describe the aspects. They symbols and inner understanding are truly Universal. This is what unites all people, all cultures, and all Spiritual Teachings. Whether it is the Chakras of Yoga, The Ten Powers of the Pythagoreans, The Aura or Energy Body of Spiritualism, The Light Sheath bodies of Egypt, or the Meridians of Chinese System of Acupuncture it is the Tree of Life.

As I said earlier, Qabalah is like a filing system. It organizes all the parts of your "Beingness". Think of your mind as a mail sorting room. Thousands of pieces of mail (thoughts/mind and brain processes) flow into this mail room to be sorted. There is only

one sorter...You. Think of the mess. The items that can't be sorted are swept into a pile. We call this the subconscious. Qabalah gives you 11 slots (Sephiroth) to sort the incoming mind processes into, and this makes things manageable.

The result of Qabalah study is self discovery. It is as if each Qabalist becomes a living Universe of their own creation. You will have transformed your inner world from just another subjective experience into a Ten dimensional paradise of your own creation.

This study allows you to "redecorate" your personal inner world, and allow it to integrate with the greater, outer world, which we all share. As your inner world transforms, your outer experience shifts to match. This IS Magick!

In terms of religion this is described as walking with God.

Qabalah is Designed to Solve These Problems

- 1) The Supreme Being and its attributes.
 - 2) The Cosmology.
 - 3) The creation of angels and man
 - 4) The destiny of man and angels
 - 5) The nature of the soul
 - 6) The nature of angels, demons and elementals
 - 7) The import of the revealed law
 - 8) The transcendental symbolism of numerals
 - 9) The mysteries contained in the Hebrew letters
 - 10) The equilibrium of contraries
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Explanation:

- 1) One must understand God to be able to understand oneself.
- 2) Cosmology is to understand the cosmos or the whole
- 3) The creation and destiny of man and angels. Why were we created? The reason is so that we can co-create with God and thereby develop more qualities of a God.
- 4) See #3.
- 5) The nature of the Soul. The soul is a vehicle—it helps to translate information to the Spirit.
- 6) The nature of angels, demons, and elementals: We need to work to develop this contact because they will either work with us or against us. Elemental beings are between the demons and angels. Elementals work with the same energies we work with. These beings make up the Hierarchy of the Spheres.
- 7) Import of the revealed law. Prophets gave us the law. Jesus fulfilled the law and gave us more. Basically, this is the law of Love. We have free will which allows us to violate the laws. We have choice between love and fear!
- 8) Transcendental law of numerology.
- 9) These letters are the basis for creation, but they should be understood.
- 10) Make them work together. We do this through sound, we tone the divine names of the Spheres thereby calling upon the power and light of that aspect of creation.

You cannot achieve knowledge until you empty your cup to allow new knowledge to enter. Until you do this, all knowledge remains hidden.

ASCENSION

The word ascension means to go up! In the process of light work we talk about ascension a lot. But what do we actually mean?

We are talking about the heightening of one's consciousness to a higher level. As a result, we become more aware of ourselves and the world around us.

We ascend into a higher dimension of understanding and we have access to much more knowledge as we ascend higher. There are many different ascension processes. Some of these have been kept secret for a long time; while others have been available to us for a long time. Adepts call this the Path of Return. Ask yourself, what does that mean?

The ascension process that we work with in the Qabalah has been kept secret and was unknown to the general public until 1888. This is when the Golden Dawn translated most of the secret work that had been kept hidden or unattainable.

The ascension that we work with has to do with the Tree of Life. As we ascend the Tree, learning about the Tree and its different aspects, we expand our mind and grow in the understanding of life and life's mysteries. We truly return to our Divine "Home"!

Empty Cup Ceremony

Get a small paper cup of water and bring back and sit down. Focus all fears, concerns. The cup represents your capacity. Water represents all the emotional attachments—what you want to let go of, your resistance (can have student go back to meditation). Release all into the water which is a great receiver and purifier as you empty all into the cup (take time). Then go outside and with intention pour out the fears, attachments, etc. into the earth. Now receive learning with humility.

Ask yourself these questions: Please write down your answers.

What am I seeking from the Qabalah?

What do I want to get as a result of my participation?

THE HERMETIC QABALAH

I. The Mystery School Tradition

a) History of Schools

According to written history held within the library of the “Orders” or Mystery Schools and Lodges of Light, the Mystery Schools were established in 7 different locations. In past times, these 7 Schools were established by the Atlanteans.

The Atlantean Visionaries foresaw the cataclysm soon to befall their continent. Their leaders, visionaries, and High Initiates were guided to send expeditions into the world to find 7 locations where energy from the Earth was abundant. Today we call these locations “power spots.” They are formed where the ley lines (rivers of electromagnetic energy) running through the Earth, cross a certain number of times. When the energy ley lines cross many times, an energetic Vortex is created.

The Atlantean explorers were to build a Temple and Mystery School on each of these locations. Their intent was to preserve the Wisdom and Spiritual traditions of Atlantis. These 7 expeditions took many years to complete. Atlantean Masters went out of Atlantis with entire cities of immigrants. They went out over a 4,000 year period in search of the Power Vortexes.

After the fall of Atlantis, the 7 schools created an 8th location in Egypt. This was a communal Ceremonial Center. They established the practice of holding an annual conclave to come together in an effort to preserve the Atlantean ways. All the Atlantean Masters and their initiates gathered to celebrate and learn from each other. Conclaves were held to maintain the teachings and traditions of the Atlantean Mysteries generation after generation. Today, our Mystery School (7th Mystery School in Utah) honors this tradition. We call our conclave Teachers Program or Power Week. Most Mystery traditions also hold an annual conclave. This is traditionally held the first week in August.

Over time, a Mystery School is established, and the leaders evolve to the height of their potential. After a few years of peak performance, they begin to fade. A new generation of Initiates trained thorough the Mystery tradition takes over, and the Magical current is renewed with their strength and enthusiasm. Our Mystery School is being renewed by the energetic change brought about on December 28, 2006.

As the 12 Archangelic Rays were anchored in the Earth, the time of the Human Mystery Schools arrived. At this time, we are sourced by the Ray of Metatron (who was Enoch in the physical). This is the 7th Archangelic Office. We have direct contact

with Metatron, and all the levels of the Hierarchy of Light flow behind the magical current established by the Ray of Metatron.

The role of the 7th Mystery School is to bridge the traditional Mystery School ways and energy into the new Paradigm.

b) History of 7th Mystery School

The last of the Atlantean Masters came to North America via the Yucatan. This energy was held by the Native Americans until 1998 when it was passed to our leaders. This School holds the “heart chakra” of Mother Earth.

II. What Is Qabalah?

a) Definition

Qabalah is not a religion per se. Qabalah is defined as the secret, mystical, magical, philosophical and religious teachings developed by Jewish scholars. Qabalah provides a key to the interpretation of the Spiritual Teachings, the hidden meanings of the scriptures. The Qabalah studied by the Mystery traditions has incorporated much deeper knowledge and is defined as the Hermetic Qabalah.

In Hebrew, the word Qabalah means tradition. It is derived from the root Qebal which means to receive. This hidden meaning refers to the oral tradition of Qabalah—transmitted from mouth to ear, teacher to student. There are many different spellings of what we are going to call Qabalah in this and future lessons. When it is translated into English it is sometimes spelled Kabbalah, Cabala, or Qabalah depending on the tradition of the writer. Many traditions that include the teaching of Qabalah spell it differently depending on the aspect they are working with. For example, Kabbalah and Cabala are sometimes used to refer to the teachings of the Jewish faith. Qabalah is sometimes used by various traditions to refer to the hermetic, magickal, alchemical side of these teachings.

b) History

The Qabalah was said to have been taught by God to the Angels in Heaven. When Man was expelled from the Garden of Eden, Ratziel, the Archangel of Wisdom was commissioned to communicate the teachings to Adam (first man) so mankind might use them to regain the Garden of Eden (Heaven on Earth). If you think of the Origins of the Mystery Schools, you will notice this is another way to describe the way knowledge is transmitted from the Elders to the Initiates.

Historically, the ancient teachings were brought out of Egypt by the Hebrews when they emigrated from that land. The Hebrew records that are published today as the Christian Bible tell of several Hebrew Prophets trained in the traditions of the Egyptian Temples.

The knowledge of Qabalah was enriched and renewed during the time the Hebrews were imprisoned in Babylon. During this time, the intellectual and spiritual elite of the Hebrew nation met and studied with the Chaldean Metaphysicians. As a result of this connection to the Babylonian mysteries, the Jews adopted the Chaldean system of Gematria (numerology) and the use of the Chaldean square “Flame Alphabet.” This is a system for written communication that is much more than it appears. The Flame Alphabet, or Fire Letters as they are called, is a system of meditation keys, with a built in code to reveal magickal correspondences.

Later, we can trace the Qabalah to the School of the Prophets founded by the Prophet Samuel at Mt. Carmel. It was taught and practiced there. Over time the school developed into the Essene center of Initiation that continued to operate until the time of Jesus. There is a belief in many of the mystery schools that Jesus received his training at this temple.

After the destruction of the second temple in Jerusalem, a Qabalistic technique known as “Merkabah” or “Chariot Mysticism” spread. This is the technique for using ritual to ascend the tree Sefirah (Sphere) by Sefirah. In Western history, major Qabalistic schools have existed in Alexandria, Egypt, Fez, Morocco, and the South of Spain.

Medieval Spain’s culture was a melting pot between three great Western cultures—the Christian, the Moorish, and the Jewish. The Qabalah was expanded and enriched by the interchange of knowledge until the Jews were driven from Spain in 1492. This aspect of the Qabalah spread all over Europe as the Jews carried it out of the Spanish Culture and settled in various places. Francis Yates, in *The Occult Philosophy of the Elizabethan Age*, gives a historical review of how this wisdom carried by the scattered Jewish scholars became one of the major factors that began the Renaissance of Europe.

Two great teaching centers developed from this migration. One was in Florence under the protection of Cosmo de Medici. This center produced the scholars Marsilio Ficino, Pico de Mirandola, and Giorgi. These three men are called the Fathers of the Italian Renaissance. These three individuals were responsible for developing what became known as the Christian Cabala.

The second center has been called the “Shangri-La of Qabalah” and was located in a small town in Galilee called Safed. This town was almost completely dedicated to the study and practice of the mystical tradition of Kabbalah. It was said that on most evenings you could see the processions of young Kabbalists dancing through the streets, on their way to the “secret” meetings. This center produced the Adepts Moses Cordevero and Isaac Luria.

The combination of these influences came to be called the Hermetic Qabalah. The term “Hermetic” is a reference to the teachings of the ancient Egyptian Master of Masters, Hermes Trismegistus. Hermes is credited with founding astrology and discovering alchemy.

The mighty current of energy behind the Hermetic Qabalah became the mainstream of the Western Mystery Tradition. As historians are beginning to realize, it strongly influenced the course of Western History.

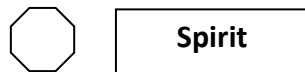
Overview of the Tree—Basics

Let’s take a look at the general ideas of the main teaching that make up the wisdom of the Tree. These are referred to as the Ten Sephiroth (Sephirah, singular).

Sephiroth is a Chaldean word normally translated as “emanations.” It carries the meaning of stages of creation, aspects of specialization or areas of function.

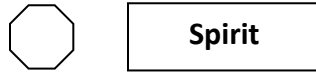
In these teachings, the Elohim divided Creation into an “Above” and a “Below.” The Above we will call “Spirit,” pure undifferentiated Spirit, the Divine Potential. The Below we will label Matter. This is the manifestation of Spirit, the fruit of time and space.

- (i) We will represent these by using two circles, one at the top of the diagram and the other at the bottom.

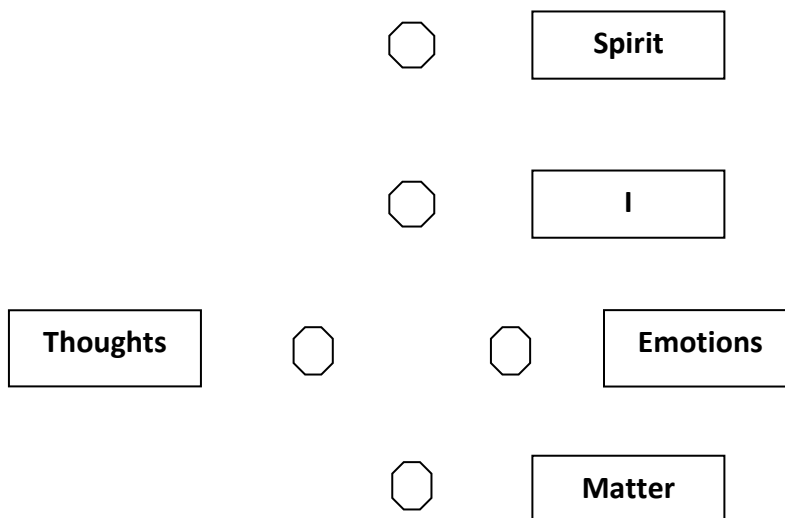


- (ii) The next circle we will diagram is for Man (Mankind) or you! You are the mediator, the custodian of Creation. That part of ourselves that gives us identity, that part we refer to when we say “I,” we will place half-way between “Spirit” and “Matter” since it uses the energy of both. It is also

called the Individuality or Ego (by using a capital E we mark the difference of this older meaning of Ego from its popular meaning which is 'vanity.')

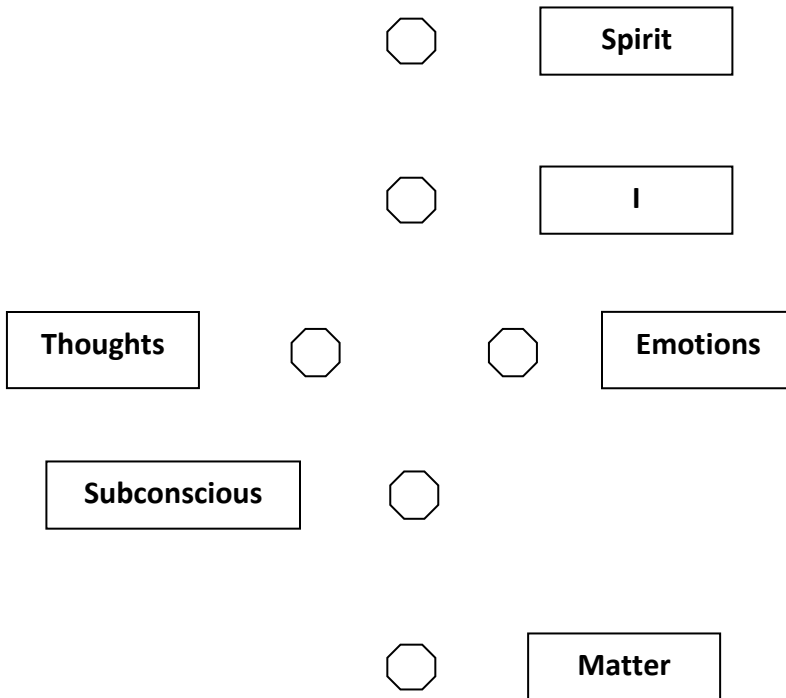


- (iii) Matter equals our physical vehicle as well as the physical universe. But we all realize Man is a much more complex being than just an Ego and a body. For example, we possess a mind. It is made up of emotions and thoughts. All minds are a combination, in varying proportions of the two. No one is all reasoning or all feeling. Although some people may relate primarily through their reasoning minds or through their emotions, the healthy mind is a balance of both. Their circles are on the same level and of equal size to indicate this balance.

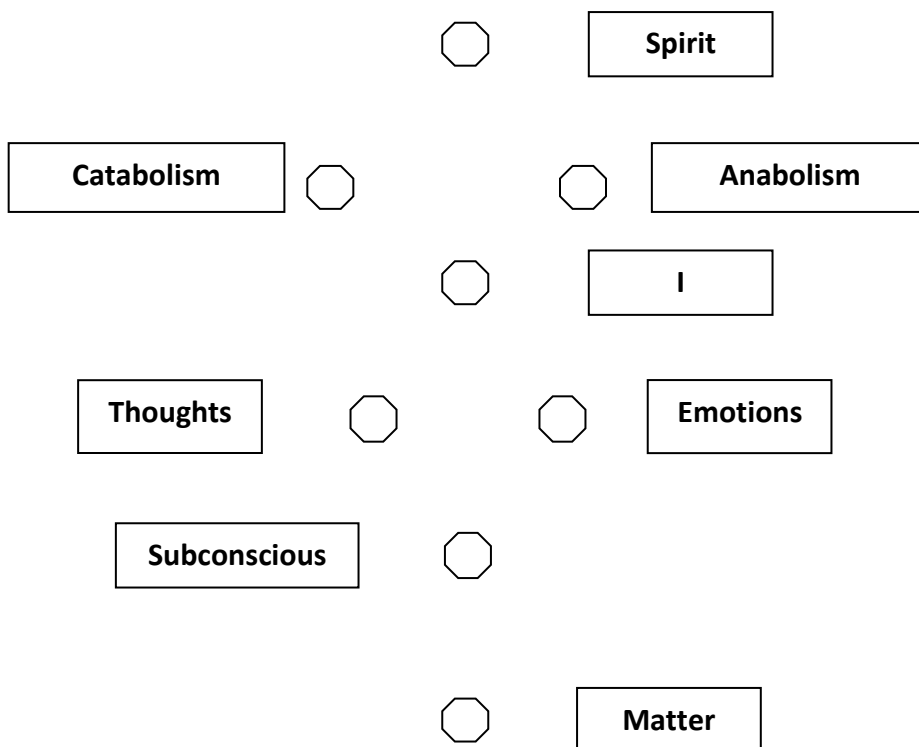


- (iv) In addition to our conscious reasoning mind and associated emotions, we also possess a mind that functions below the conscious level (i.e. the subconscious mind). The subconscious mind transmits our sensory experience to our conscious mind, so we can mark that by placing a circle

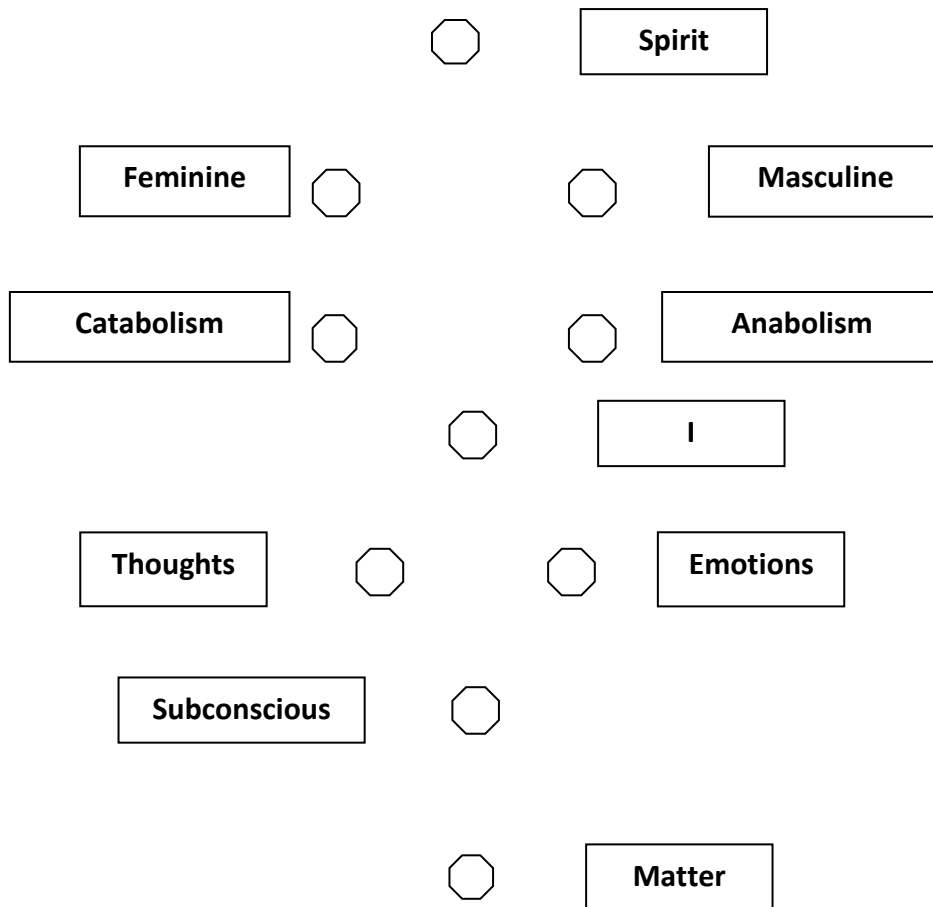
halfway between the level of the conscious intellect/emotion circles and the physical body circle.



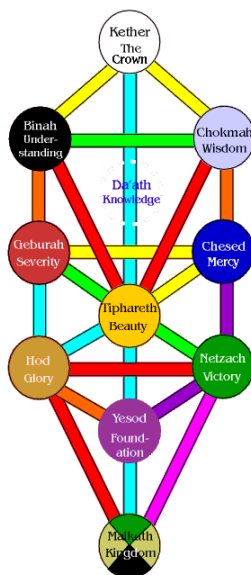
- (v) In the Qabalah, Man is considered the mediator between the Creator and the physical Universe (the creation). In one interpretation of the Tree, everything below the "I" circle refers to Man's personality. The circles above it refer to cosmic principles. Let us discuss some of those principles.



- (vi) All of creation is an interchange of breaking down (Catabolic) and building up (Anabolic) processes. The alchemists call this “solve et coagula,” or “dissolve and re-form.” Life depends on a balance of these two processes. Dissolving, for example takes place in digestion, which prepares nutrients so they can be absorbed into cells for growth (coagula). The circles for these two principles we will place above the “I” circle, because the realizations they symbolize occur after the seeker is brought to conscious union with the Individuality.
- a. Thought versus emotions, anabolism versus catabolism; all life is an interplay of opposites. In reality these so-called opposites are but different poles of a common quality.
 - b. The union of thought and emotions is mind. With anabolism and catabolism, it is metabolism. It has been truly said that the secret of the Great Work is equilibrium or balance!
 - c. All manifestation, on whatever level, deals with this interplay. On the archetypal level we see it as the Eternal Feminine or receptive, magnetic nature and the Universal Masculine or protective, electric nature. These we place just below “Spirit” in balanced positions opposite each other.
 - d. Notice that all the circles are of equal size. Force is not more important than form. Mercy is not more spiritual than justice. The perfected personality is a balance of four well developed vehicles: Physical, mental, emotional and subconscious. These vehicles must all be linked to God by the Higher Self (Individuality).

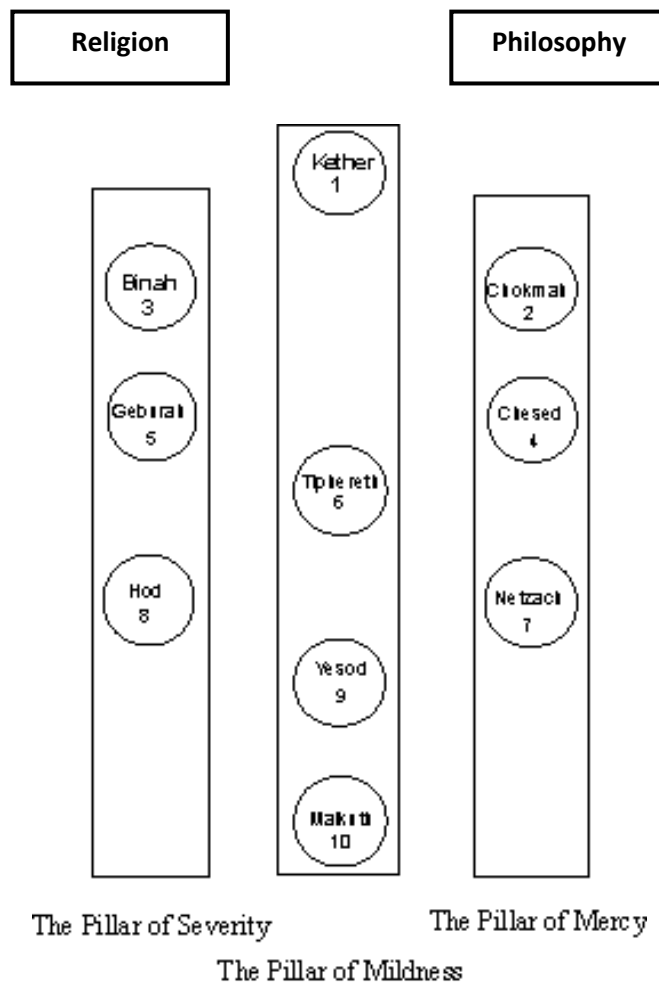


Here you will see the pattern of the Tree. This pattern was built and has been used by Adepts through the ages. It is called the Tree of Life, or the Master Pattern. These ten aspects or Sephiroth encompass all ideas or concepts. Their traditional names or titles are: **Kether, Chokmah, Binah, Da'ath, Chesed, Geburah, Tiphareth, Netzach, Hod, Yesod, and Malkuth.**



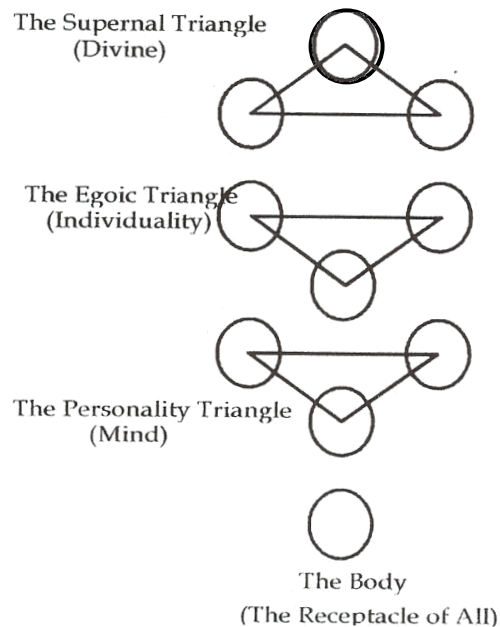
III. The Three Pillars

- a) One way to learn about the Tree of Life is through the structures of the three pillars as shown below.
- b) The two outside Pillars were represented by the ones which stood before the great temple of King Solomon. Their names are Boaz and Joachim.
- c) The middle Pillar symbolizes the Path of Initiation. Remember, equilibrium (balance between all things) is the secret of the Great Work!
- d) The left pillar is considered the Pillar of Form. The right side of the Tree is that of Force. The Pillar Equilibrium, the middle pillar, is the Pillar of Consciousness.
- e) Another tradition assigns the left to the future, the right to the past and the middle to the Eternal Now.
- f) The left is the feminine side, the right the masculine, while the middle pillar represents Unity.
- g) Meditation on this set of correspondences can reveal many insights.



IV. The Tree may also be shown as composed of the three triangles.

- a) The materialist identifies with his body ('I am tired. I am hungry') and allows its needs to control his life. Most people identify with their intellect or emotions and allow the needs of those levels, what we call "the unsuspected influences of subconscious," to direct their actions.
- b) The Adept Kabbalist knows that his body is like an automobile he travels in for awhile; it must be properly maintained, but it is not allowed to steer itself. His personality is likewise his perfected instrument, carefully tended so that its effectiveness is maximized, but always under his control. He recognizes his integral relationship with the Divine and consciously co-creates with God.



V. The Four Aspects of Qabalah

- a) S.L. MacGregor Mathers, in his introduction to the Kabbalah Unveiled, states: The Qabalah is usually classed under four groupings.
 - i) The Practical Qabalah
 - ii) The Literal Qabalah
 - iii) The Unwritten Qabalah
 - iv) The Dogmatic (Theoretical or Doctrinal) Qabalah

- b) Each section contains enough valuable knowledge to give you a lifetime of study. In this lesson we will merely introduce them with summaries.
- i) **The Practical Qabalah** is also referred to as the Magical Qabalah. Magic is a subject which has been completely misrepresented (sometimes on purpose) or misunderstood by those outside its traditions. From the initiated point of view, the Practical Qabalah represents a very advanced form of esoteric psychology. It covers the use of ritual, color, sound, symbols, and so on.
 - ii) **The Literal Qabalah** is also called “The Magical Language.” Its importance is often underrated. The literal Qabalah is most often used by the Masters of the Third Order to transmit their doctrines and teaching. An aspirant cannot become proficient in the higher branches of Occult practice without a thorough knowledge of the Literal Qabalah. To attempt to progress without this knowledge, is like a chemist working at science without knowing the symbols of the elements from the Periodic Table.
 - iii) In order to protect it from misuse, MacGregor Mathers is vague about the **Unwritten Qabalah**. I will say here that it is identical to true alchemy in most respects, and that its teachings are revealed during the practice of certain types of meditative techniques. It is often called the oral tradition because this is the Qabalah that is taught by passing the secret knowledge from mouth to ear or Teacher to Student.
 - iv) The great doctrines of the **Theoretical Kabbalah** are mainly designed to solve the problems of:
 - The nature of the Supreme Being (God)
 - The creation of the Universe and our World
 - The creation of Angels and Men
 - The destiny of the World and Men
 - The Importance of the Revealed Law

It is in this aspect of the Qabalah that we find the diagram of the Tree of Life. The Tree is an extremely useful glyph of correspondences and a road map of the evolutionary path. The Tree of Life, with a discussion of the 3 Pillars, the 3 Veils, and the 3 Triads, and the Macrocosm and the Microcosm, forms only a part of the wealth of knowledge of the doctrinal Qabalah.
- c) This is a system for accelerating your consciousness and spiritual growth.

It provides interpretations for the scriptures that allow you to find answers to such questions. It shows more clearly how man fits into the Divine scheme, and it defines the principles which govern the inner Realities.

i) Kabbalah has been used as a tool to know oneself and the world around us.

There are 5 key questions that the study of Kabbalah will help you answer.

1. Who Am I ?
2. What am I?
3. Where did I come from?
4. Where am I going?
5. What is my purpose?

ALSO : What is God, the Universe, and what is My Destiny?

Our Frater (Brother) Jesus told his disciples, "I speak in parables for those who are without," but "for you it is given to know the Mystery of the Kingdom of God." There has always been an Inner Truth behind sometimes difficult and confusing Bible passages. For example, the first chapter of Genesis describes creation. On the second day, the Elohim (translated in the Bible as God, but more exactly it means the Creative Spirits) divided the Primal Substance, symbolized by water, into above and below, that is, into a superior and inferior nature. Qabalistically, the above referred to the spiritual or inner world of causes; the below is the outer material world of effects.

Some ascetic doctrines declare that God is good and that man and the earth are evil. Exoteric Buddhist and Hindu teachings describe the physical universe as Maya, meaning illusion, which must be escaped from in order to achieve spiritual goals. In contrast, the Qabalah teaches that matter is made of the same Divine substance as Spirit. The practical lesson is that the physical is not to be denied. Qabalah teaches us that we are here to be physical and have a physical experience! It is Western Man's task to live the Spiritual life within the daily pressures of the material world.

VI. Main Goals of the Kabbalist

- a) Regain and enhance contact with God.
- b) Regain and Enhance contact ones own Life
- c) Live in Peace of Mind
- d) Have joy

Written above the portal of every Mystery School is "Know Thyself." Through qabalah, these Ancient Doors are opened again. We have the opportunity to expand our consciousness and radiate more light into the world.

THE PHILOSOPHY OF QABALAH

The Hebrew word Qabalah can be translated as “to receive” or “what has been received” and refers to both the spiritual knowledge revealed directly to the mystics by the divine spirit, and the secret traditions passed down through generations of mystics and teachers over the centuries. Qabalah is a mystical system that allows adepts to receive the light of truth and inspiration directly from the mind of God if they follow a specific path of knowledge that leads to the clear connection with the Divine.

According to Qabalistic tradition, the prophets of old were the first Qabalists because they received their knowledge and teachings via direct inspiration and communication with the divine spirit. For example, Moses was said to have met God "face-to-face" (Exod. 33 :20)~ (Deut. 34:10). He received great knowledge and wisdom directly from the divine spirit that was able to guide his people toward truth, righteousness, and ultimately, the Promised Land.

As the mystical traditions deepened and developed over the centuries, the ascent to the throne of God became so clearly defined that a follower of Qabalah could be assured that the path was well marked. The Qabalah ultimately systematized the mystical journey by combining elements of many different schools of thought and mysticism into a coherent though complex, methodology. By expanding upon the elements of the Sepher Yetzirah, the Zohar which is considered the principal text of the Qabalah, God created the universe by his manipulation of the 22 letters of the Hebrew alphabet and the 10 Sephiroth, which are nodes on the mystical Tree of Life. The Sephiroth are treated in the text as living entities, elements of the divine personality of God that embody the metaphysical values of the numbers one through ten, and through which God emanates his presence down from the spiritual world of heaven into the physical world of matter. The letters of the Hebrew alphabet correspond to 22 "paths" that connect the various Sephiroth on the Tree of Life. The Zohar expands upon the idea of the Sephiroth and sees the Tree of Life not only as the means for the divinity to extend itself into the material world through the process of creation but also as a ladder for the mystic to climb back to the realm of God. Thus the Qabalah, as expressed through its fundamental text, the Zohar, not only explains the creation of the universe but also offers the spiritual seeker a path to return to the source from which his/her life originated.

Because the divine being is seen as the fountainhead of all existence, the Qabalah reveals the notion of "oneness" with God in such a way as to assert that nothing in the universe exists except for the Godhead. Considered this way, all things in the universe are but aspects of the one God and exhibit the richness and potency of the creative nature of the divine spirit. And if all things are but aspects or expressions of the divine energy, then all things are intimately

related to one another because they all share a common energy, which is the energy of God. In Qabalah, these interrelations of things are known as correspondences. The correspondences include the numerical values and meaning of each Sephirah on the Tree of Life. Thus, by understanding the meanings of the letters and numbers in the Tree of Life, one might be able to climb the Tree back to the source of all things.

The Hidden Truth of Your Name, by Nomenology Project, p. 13-14.

QABALAH, the Mystical Evolution of Divinity

"Mystikos" Greek: 'seeing with the eyes closed.'

Know Thyself: Explore Your Inner World

Psychology and the Real Reality

Qabalah must be Personally Received

MEDITATION

There are four steps to meditation:

1. **Relaxation:** Command each body part to relax in order from feet up.
2. **Correct Breathing:** In through the nose, out through the mouth. Place the tip of the tongue against the roof of the mouth, midway between the teeth and the soft palate, where there is a natural indentation in the roof of the mouth. That is the spot! This is an energy lock, and as you breathe out through the mouth, the air will blow past your tongue vibrating it. This activates the Pineal Gland, which in turn activates higher consciousness.
3. **Visualization:** Imagine the light coming from above and coming in through the crown chakra filling the whole body with light. At this time the entire focus should be on THE CROWN CHAKRA ONLY!
4. **Meditate:** This is done in two parts
 - a) **Passive Meditation** – You have an empty mind, a part of the void. No thoughts. You achieve this by doing the above exercises.
 - b) **Active Meditation** – You use your mind for contemplation of certain qualities or to solve problems.

BRAIN WAVE LEVELS

Name	Cycles Per Second:	Human Condition
Beta	15-35	Normal wakefulness, alertness, study, aware of body. Good as an exercise mode for the physical body.
Alpha	8-13	Light/medium meditation, daydreaming, focused concentration, guided meditation, light sleep, reading, Tai Chi, remote viewing. This is the state that ALL Light Workers should be in at all times. Essential for ritual and healing work.
Theta	3-7	Deep meditation, medium/deep sleep, astral projection. This is the essential state for all rituals and it is here that the Ritual Master is most of the time.
Delta	.5 – 2.5	Very deep sleep, coma, near-death experiences. Deep ritual work, level of Ritual Mastery in the manifestation of Spirit into the Physical.

The Basic Tree

Malkuth, Yesod, Hod, and Netzach, are the personality of the lower self – the forces of awakening. There is more than the physical existence.

Tiphareth, Geburah, Chesed, Binah, and Chokmah are about the spirituality – learning to live from the individuality as opposed to the personality.

Kether – Divine

Tiphareth – God made manifest within us.

Description of the four Worlds of the Qabalah

“The Qabalah classifies all possible operations of this One Energy into four planes, or ‘worlds.’ Each plane or world is represented by a letter of IHVH, as follows:

The Archetypal World (ATZILUTH). This is the world of pure ideas. In the archetypal plane are the root-notions inherent in the innermost nature of the universal Conscious Energy. From these ideas are derived all actual forms of manifestation. For example, the pure idea of a chair is the idea of sitting. In that idea, as in all others, is embodied a volition—the will-to-sit. This will-to-sit is the single root-notion behind all possible chair-forms that ever have been, are now, or ever shall be. Thus the archetypal world is seen to the plane of will-ideas. To it Ageless Wisdom assigns the element of fire, representing universal radiant energy. In IHVH this world and this element are represented by the letter ‘I.’

The Creative World (BRIAH). Here the idea of the archetypal world are specialized as particular patterns. ‘Sitting’ becomes the mental pattern for some special kind of chair. The Cosmic Energy acting on this plane contains the patterns of all chairs that have been made or thought of in the past, of all existing in the present—but not those as yet unthought of. So with all other patterns of particular forms. To this world Ageless Wisdom assigns the element of water, symbolizing the fluid plasticity of the cosmic mind-stuff. The creative world is represented in IHVH by the first ‘H.’

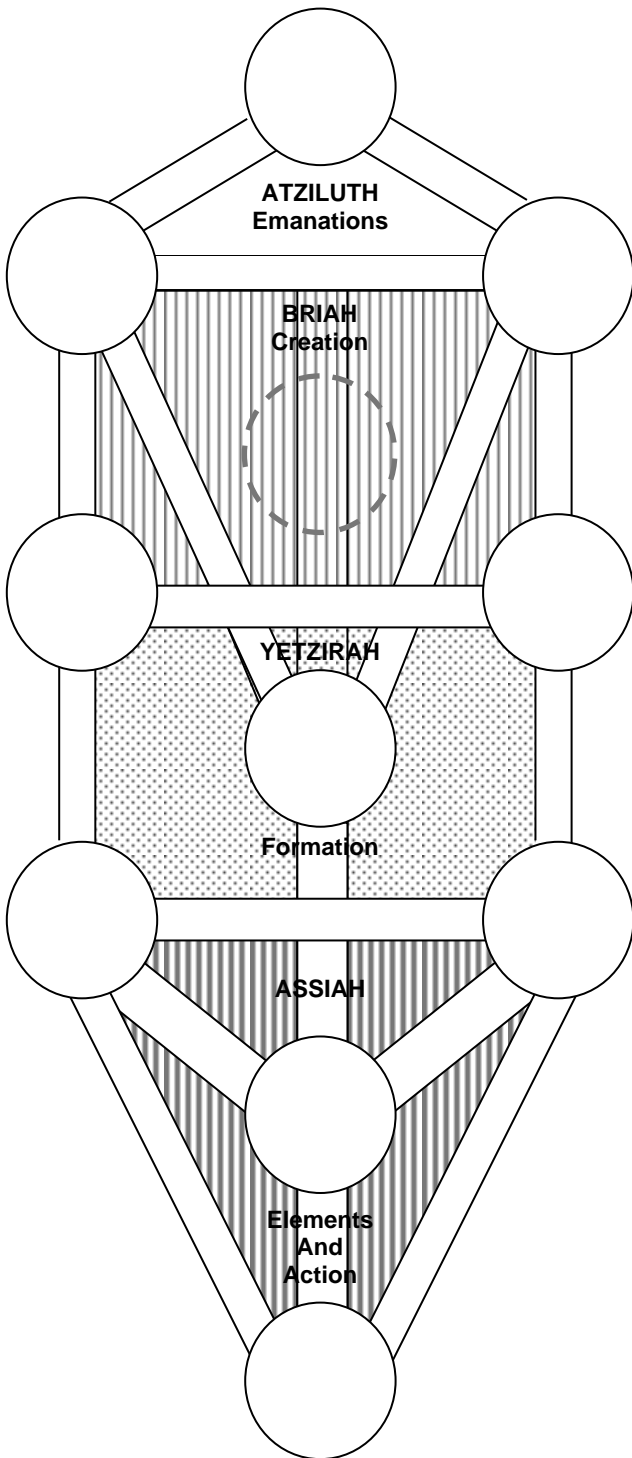
The Formative World (YETZIRAH). Here the archetypal ideas, specialized in creative patterns, are brought forth into actual expression. It is the plane of processes, the world of forces behind the veil of physical things. The formative world is that which is now explored by physicists and chemists. It is the world of vibratory activities, and also the astral plane of occultism. Here take place the various kinds of action whereby the Cosmic Energy actualizes its patterns. Ageless Wisdom assigns to this world the element of air, representing the life-energy which wise men everywhere have associated with breath. The formative world is represented by ‘V’ in IHVH.

The Material World (ASSIAH). This is the plane of the actual forms which affect our physical senses. Here the process of bringing down the idea of sitting, through an operation based on the pattern of a particular chair, is finally completed as the chair itself. This plane corresponds to the element of earth, representing the solidity and tangibility of physical objects. It corresponds to the second ‘H’ in IHVH.”

‘The Tarot’ by Paul Foster Case, pp 4-5.

THE FOUR WORLDS

- ATZILUTH:** ARCHETYPAL WORLD: *Create with Sensation, Idea!* - FIRE
Revelation
Emanation
Conception
Faith
World of GOD
World of Virgin Spirits
Divine Plane
- BRIAH:** CREATIVE WORLD: *Create with a Thought!* - WATER
Creation
Manifestation *Monad/*
Repentance *Realm of Christ Consciousness*
World of Divine Spirits (Archangels)
World of Life Spirit
Buddhic, Nirvanic, & Monadic Plane
- YETZIRAH:** FORMATIVE WORLD: *Create with a Plan!* - AIR
Formation
Baptism
Abstract Thought
Concrete Thought
World of Angels
Mental & Astral Planes
- ASSIAH:** MATERIAL WORLD (WORLD OF ELEMENTS & ACTION):
Create with Action! - EARTH
Manifestation
Expression
Completion
Restoration
Holy Spirit
World of Humans
Material Plane



EN SOF
Keter

ATZILUTH: Archetypal World — A Sensation, An Idea
Revelation, Emanation, Conception, Faith,
Divine Plan, World of God, World of Virgin Spirit

Kether - Binah — Da'ath — Chokmah

BRIAH: Creative World – A Thought
Creation, Manifestation, Repentance, World of Divine Spirits,
World of Life Spirit, Monad/Realm of Christ Consciousness

Chesed — Geburah — Tiphareth

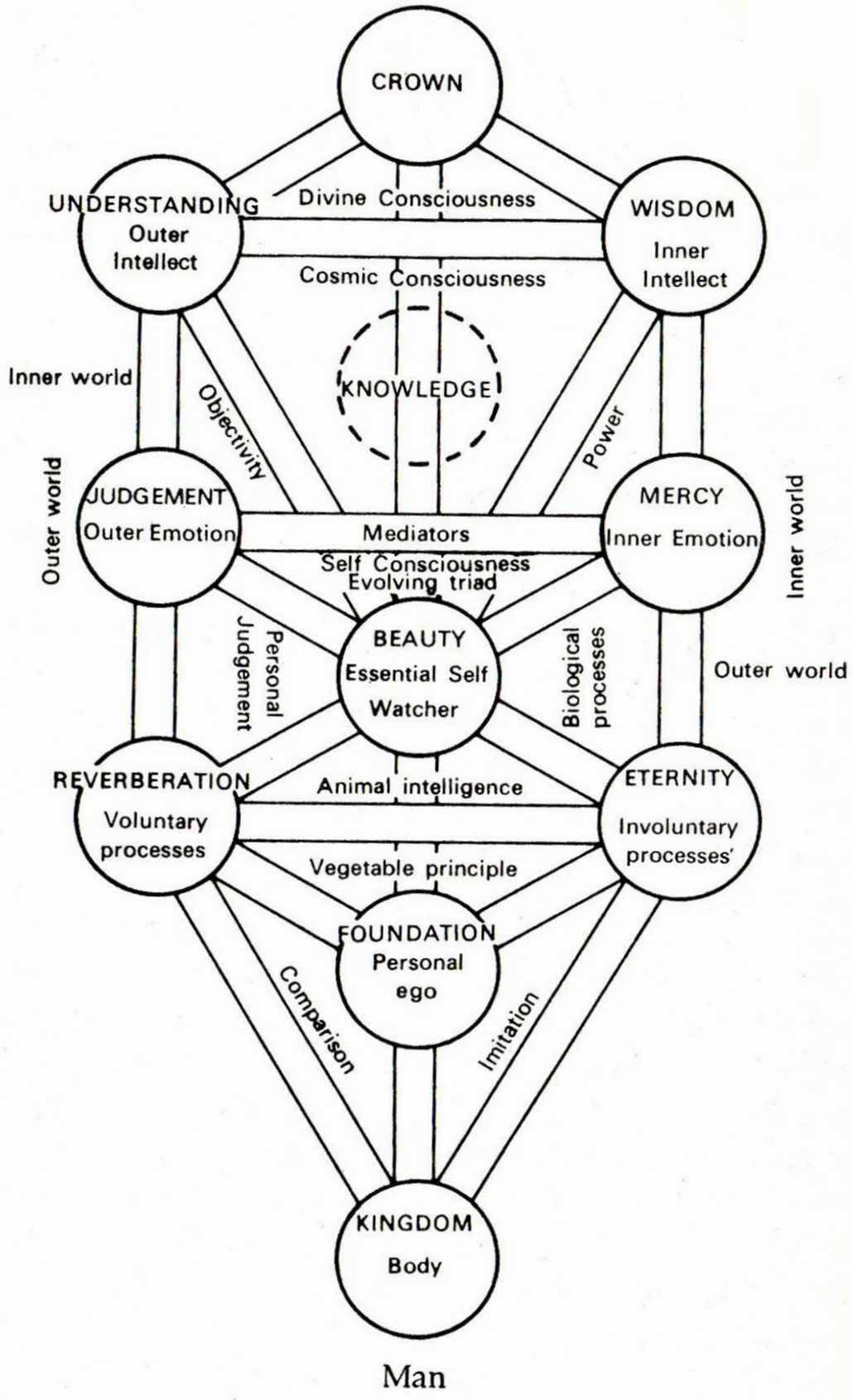
YETZIRAH: Formative World — A Plan
Formation, Power of Water, Baptism, Abstract Thought, Concrete
Thought, Mental Plane, Astral Plane

Hod — Netzach — Yesod

ASSIAH: World of Elements and Action — Action
Manifestation, Expression, Completion, Restoration, Holy Spirit,
Material Plane

Malkuth

The Four Worlds



SEPHIRAH:	ACQUISITIONS FROM EACH SEPHIRAH:
Kether	Greater creativity; final ending information; inner spiritual quest and its causes and attainment.
Chokmah	Greater personal initiative; a source of energy which puts things in motion; father-type information; realization of one's abilities.
Binah	Greater understanding of sorrows and burdens; mother-type information; understanding on its deepest level; strength achieved through silence; understanding anything secretive.
Chesed	Greater sense of obedience to higher laws; financial gains; opportunities; building the new; justice; abundance; prosperity; hearing the inner call.
Geburah	Greater energy and courage for tearing down of old forms and/or for change of any kind; critical judgment; information on enemies and discord.
Tiphareth	Greater and higher sense of devotion; all matters of healing, life, and success; harmony on any level and in any matter; awakening of Christ consciousness; glory and fame.
Netzach	Greater unselfishness, understanding, and energy; power in relationships; sexuality and elements of nature; creativity and the arts; love and idealism.
Hod	Greater truthfulness; revealing of falsehood and deception around us; greater ability in communication; learning; magic; wheeling and dealing.
Yesod	Greater sense of true independence and confidence; greater intuition and psychic ability; mental and emotional health; dream work; understanding and recognition of the tides of change.
Malkuth	Greater ability to discriminate in your life; greater ability to overcome a sense of inertia in life; physical health; problems of self and others; affairs of home, greater self-discovery; Elemental life.

HEALING ENERGIES WITHIN THE TREE

Kether (Universe)	Crown chakra, cranium
Chokmah (Solar System)	Left side of face, balancing the hemispheres, sinuses, pituitary gland
Binah (Saturn)	Right side of face, skin, bones, joints, teeth, spleen, hearing, tendons, colds, congestion
Chesed (Jupiter)	Left shoulder, liver, hips, thighs, intestines, cell nutrition, hemoglobin function
Geburah (Mars)	Right shoulder, energy, anemia, colds, sinuses, red corpuscles, muscles, adrenals, temperature
Tiphareth (Sun)	All general health problems, heart, back, blood pressure, circulation, stamina, spine
Netzach (Venus)	Left hip, physical attractiveness, hair, skin, kidneys, reproductive system, thymus, complexion
Hod (Mercury)	Right hip, nervous system, hands, vocal cords, thyroid, respiration, solar plexus, mental problems
Yesod (Moon)	Breasts, lungs, ovaries, stomach, menstruation, all emotional-based illnesses
Malkuth (Earth)	Where all illness MANIFESTS

JOURNEY THROUGH THE SPHERES

OF THE TREE OF LIFE

This is a meditation on the Qabalistic Tree of Life. In this meditation, we will travel up the Tree from the realms of the physical world, through the Astral levels, into our Higher Consciousness and then into pure Spirit. To use this meditation, you may read it silently to yourself, read it aloud to others (or have someone read it to you as you travel these spheres) or you may wish to record it so that you can just relax and use it whenever you like.

Begin by doing your favorite relaxation exercise, then ground yourself and begin:

(Malkuth)

As you become aware of your body, you realize that you feel very heavy and relaxed, almost as if you were composed of dense stone. You have existed forever and time stretches before you endlessly. Your body is anchored into the earth, still and solid. You breathe deeply and quietly. You see before you a Gateway of rough hewn granite, weathered and ancient. You feel yourself drawn toward the gateway, although your body is very heavy and a part of the earth. You can feel your astral body rising like a mist from your physical body, drawn like a magnet to the Gateway. You pause for a moment and then drift through, feeling light and optimistic.

(Yesod)

You find yourself part of the violet mist on the other side, one of many shapes and forms which float endlessly in this iridescent sea. You can see and feel the constant shifting movement around you and you surrender yourself to the drifting sensation, comfortably and safely. You notice that when you focus on a thought or image in your mind that you can see it formed in the mist around you and you play with this new experience with pleasure.

(Hod)

Now you feel a tugging in the energy on your left and allow yourself to glide smoothly in that direction as the shapes and forms around you part to let you pass. All of your senses are heightened and sensitized and you feel the energy currents surrounding you buzzing with electricity. Before you is an orange doorway. You focus on being on the other side of the door and immediately you are there. Your mental faculties feel very sharp and alert. Your mind fills with light and clarity as you fill your lungs with cool, refreshing air and place your feet on the stone pathway before you. It twines between an open hallway of tall, impressive smooth pillars. Ahead you see a wall with thousands and thousands of scrolls stored on its shelves. You approach and select a scroll, unroll it and view the message there. You replace the scroll thoughtfully and continue on the pathway.

(Netzach)

You notice that beyond the pillared pathway on your right is a deep wood. It is obviously early summer, for the trees are leaved in deep green and flowering bushes fill the air with an intoxicating scent. You leave the pathway and begin to walk in soft, cool grass; enjoying the sensation on your bare feet. You walk into the wood and notice the rich sounds of birdsong. You are astounded by the beauty of nature displayed before you. You feel free and strong, truly and fully alive. Suddenly you notice a huge, majestic lion approaching from the wood. You fill with a sense of anticipation and allow him to come up to you. He sniffs your hand and then licks it in approval. The lion saunters off to the left and you feel impelled to follow. He leads you out of the woods and you begin climbing a hill upon which you can see a tall oak tree. You hesitate and the lion returns to your side, nudging you forward toward the oak.

(Tiphareth)

You walk around the tree in wonder. The trunk is at least 30 feet in diameter and it stretches at least a hundred feet in the air. Tied onto its lower branches are ribbons and small mirrors, tiny mysterious boxes and tinkering bells. Now you understand - this is a place where you can leave an old memory or an old fear, one which sometimes bothers you but really serves no purpose. You see at the base of the trunk a small carved box with a lid. You pick it up and open it. It's empty now but you know that all you must do is select a memory of something that you want to let go of and place that thought in the box. You decide and stare into the box while focusing on your thought. You close the box and then place it in the crook of a branch. It is done. You look around for the lion but it is gone. You feel very humble to have received this gift of release from the lion.

(Geburah)

Although letting go wasn't easy, you feel stronger and more confident. You lean against the tree and feel it give way! Your body dissolves thru the tree and you find yourself in a room made of red granite. It is very warm in here and while you can see very well, you cannot make out a source of light. It seems to be illuminated from the walls themselves, glowing red and warm. You notice that the walls are lined with swords of all kinds, gleaming and sharp, many with jewels shining on their hilts and set into the blades. They are incredibly beautiful, truly works of art, and you move to lift one from the wall to examine it more closely. It feels alive in your hand and a warm flush spreads thru your body as you absorb the energy from the sword. An opening appears where the sword was displayed on the wall and you walk through it. As you reach the other side, the sword in your hand bursts into flame and disappears leaving a lingering smell of ginger and a glittering ruby in your hand. You place the ruby in your pocket and notice your surroundings.

(Chesed)

You have entered a great hall with stained-glass windows of azure blue. Your footsteps ring out on the lapis floor as you approach the throne at the far end of the room. A king sits on the throne in contemplation, a wise and kind expression on his face. You approach the throne and he looks at you then offers you his scepter to hold for a moment. You take it and suddenly feel filled with compassionate wisdom. You know that if you wish it, you may now consider a decision that you have been trying to make and receive the correct answer to your dilemma. You relax and contemplate, listening to your inner voice. In gratitude you return the sceptre to the king and, bowing your head, you turn and leave the great hall.

(Binah)

You are outside and now it is night. The soft, cool night air caresses you and you feel a slight melancholy. Ahead through the darkness you can see a small cottage, its windows glowing with candlelight. It looks wild with the plants growing around it and the vines trailing up to its thatched roof. You can smell the wonderful scent of a stew cooking and approach the wooden door. You knock and an ancient woman with a black scarf covering her head opens the door. She motions for you to enter and without hesitation, you do. Inside it is very comfortable and the scent of drying herbs tickle your nose. You sit at the old woman's trestle table and she turns to dish you up a bowl of the stew from the bubbling cauldron suspended in her hearth. You start to ask her who she is, where you are, but she turns back to you and, smiling, puts her finger to her lips to silence you. You shrug and accept the stew as she places it before you, but you feel like talking and don't understand why she hasn't said a word. You take a small bite of the stew and as you do so, a calm serenity envelopes you. You feel totally at home and understand that here is a place where you can enjoy comfortable silence. She is sitting in a rocking chair by a window, watching for any others lost in the night whom she can offer comfort. You stand and walk toward her and notice that you have become a child of about 5. She holds out her arms and you are enfolded in them. She rocks you, murmuring comforting sounds in your ear and you fall asleep.

(Da'ath)

You awaken, refreshed and alert, back in your adult body. The cottage is empty. The old woman must be out gathering herbs, you think. On the table you leave her the ruby from the sword in thanks and open the door. You see just beyond the cottage a deep ravine with a rope bridge traversing it. You move forward and look over the edge of the ravine. It is so deep that you cannot see the bottom! You place a foot on the bridge, gripping the rope sides tightly with your hands. The bridge sways slightly and you feel your heart pounding. You continue forward, carefully and slowly, step by step, trying to get into rhythm with the swaying of the bridge. As you reach the halfway point you hear strange sounds, singing, laughing, moaning, screaming and you wonder why you ever stepped on this bridge! The sounds are drifting up from the ravine and you steel your nerve to continue the crossing. The bridge feels looser now, as if the rope is unraveling and you begin to hurry. Faster and faster you move until you are running and as you reach the other side, the bridge comes loose from its mooring. You have to jump! You barely reach the edge and must grasp at the tree roots hanging from the side of the ravine.

(Chokmah)

You scrabble up and as your feet find their purchase you stand and try to look around to see where you are. The light is absolutely blinding! You can't see anything for the light. You are sucked up into it and drawn forward into a maelstrom of churning energy. There's nothing else you can do, so you relax your body and stop fighting it. You are turning over and over and as your eyes get used to the brightness, you can discern sparkles of color, explosions of silver and shooting gold sparkles. You can feel your body losing all definition as you break up and disperse your molecules into the universe.

(Kether)

You have no sense of time, no sense of self. You float endlessly, a part of everything that has ever been or ever will be. Your consciousness is expanded flowing out in lines and curves through the universe, touching everything and dissolving into it. You reach and reach outward, a flowing, streaming light of spirit. You feel a rushing force of energy and realize that it is you!

(Return)

As you float, you become aware of yourself again. Aware of your separate but connected consciousness. You slow, pulling inward, drawing yourself back to your own center. You breathe deeply, slowly, returning your consciousness to your physical body. You settle in it, delighting in the physical sensations of your toes as they wiggle, of your body in the chair. You are once again a physical creature of the earth. Breathe deeply, returning to your normal state of consciousness. Each time you breathe you are anchored even more firmly in your body. When you are ready, open your eyes and be here in this room.

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RITUAL

WHAT IS RITUAL?

Ritual has been used since the beginning of Humanity to connect with Spiritual energy, entities, and other powers.

Ritual is a stylized way of calling down energy, of commanding it, and then dismissing it.

Rituals work! They have always worked. Shamans, Priests, Healers, Medicine People, and Prophets have always used rituals. These rituals have been handed down in the oral tradition from one person of power to another until they were incorporated in religion. The rituals then became a part of the religious practice and were taught in a wider way. Many Rituals accompany Qabalah Study. To learn these rituals you must have in person training. Please, ask for a referral to a Guide in your area!

We use the specific correspondences of each Sephiroth to create a personal ceremony. We use this to connect to the energy, the divine aspects, and the consciousness of that aspect of creation. This is what allows us to heal ourselves through the Ascension process. Putting it all together with rituals and ceremony is considered High Magick.

Invocation means to summon or “call upon”. We do this through speech, out loud, but in a specific ritualized way we refer to as vibrating, toning, or singing the “name”.

These are the steps of Invocation

1. Magick Circle
2. Squaring the Circle
3. Summoning the Powers YHVH

The PATTERN on the TRESTLE BOARD

This is Truth About the Self

- 0 All the power that ever was or will be is here now.
- 1 I am a center of expression for the Primal Will to Good, which eternally creates and sustains the Universe.
- 2 Through me its unfailing Wisdom takes form in thought and word.
- 3 Filled with understanding of its perfect law, I am guided, moment-by-moment, along the path of liberation.
- 4 From the exhaustless riches of its Limitless Substance, I draw all things needful, both spiritual and material.
- 5 I recognize the manifestation of the Undeviating Justice in all the circumstances of my life.
- 6 In all things great and small, I see the Beauty of the Divine Expression.
- 7 Living from that Will, supported by its unfailing Wisdom and Understanding, mine is the Victorious Life.
- 8 I look forward with confidence to the perfect realization of the Eternal Splendor of the Limitless Light.
9. In thought and word and deed, I rest my life, from day to day, upon the sure foundation of eternal being.
10. The Kingdom of Spirit is embodied in my flesh.

Qabalistic Prayer

It is by will alone that I set my mind in motion.

Ritual Prayer

I am a servant of God. I am a being of light.

I ask for the whole protection of God in all aspects of my life.

May the light shine for all those who serve the light and serve God in all things.

Protect us in this hour of need, oh God. (3X)

Your will be done. So be it. May it be so!

Amen. Amen. Amen.

I sanctify this room for the Holy work and invite all good beings from all over the Universe, both physical and spiritual beings, to join me/us in this ritual.

May the great work continue.

Affirmation to Healing

I call upon the Light in the name of the Master of the Light. I AM _____.

(Facing North) I call upon the Watchtower of the North
and the Powers of the North, to be with me in my healing.

I call upon the four elements of the North to be with me in my healing.

(Facing East) I call upon the Watchtower of the East
and the Powers of the East, to be with me in my healing.

I call upon the four elements of the East to be with me in my healing.

(Facing South) I call upon the Watchtower of the South
and the Powers of the South, to be with me in my healing.

I call upon the four elements of the South to be with me in my healing.

(Facing West) I call upon the Watchtower of the West
and the Powers of the West, to be with me in my healing.

I call upon the four elements of the West to be with me in my healing.

I call upon the Powers of Up to come down and balance me in my healing.

I call upon the Powers of Down to come up and balance me in my healing.

I call upon the Powers of Here to center me in my healing.

I call upon the Light to fill my circle with healing energy
and the love of the light.

(Use incense 3x clockwise around head)

I purify myself for healing.

So be it.

Amen.

The Ritual of Light

I, _____, call upon the Powers of Heaven and the Universe to come down for this ritual today.

Text:

We, the Circle of Light, call upon the Fire Beings to be with us as we call on the Power of the Sun.

We the Circle of Light call upon the Power of the Sun to come down and to heat us with its healing heat.

We are the Starseed of Adam.
We are the Children of Light.
We are the Gods to be.
We are indeed Light.

May Michael be with us.
May Gabriel be with us.
May Uriel be with us.
May Raphael be with us.

We the Circle of Light call upon the Divine Flame within us to strengthen and give us the ultimate power in the Universe, the power of Love.

We the Circle of Light thank the Hierarchy of Light for their service to all gathered here today.

May the Light shine on this earth and all those who accept it.

So Be It.

Amen.

Tree of Life Prayer

I, _____, call upon the Powers of Heaven,
and the Powers of the Universe,
to come down for the purpose of this ritual.

I, _____, affirm to the Universe that I am filled with
full power and the energy of the principle of _____.
This energy and power of _____ flows through me,
and I am one who brings this to my life.

I confirm this to the Universe and to God,
and I thank These for all things in my life.
May light and knowledge continue to flow to all humans.

Amen.

The Principles of Life:

- | | | | |
|----------------|------------------|------------------------|-------------------------|
| 1. Joy | 9. Power | 17. Spirit | 25. Abundance |
| 2. Love | 10. Truth | 18. Sexuality | 26. Magick |
| 3. Happiness | 11. Creativity | 19. Non-judgment | 27. Diligence |
| 4. Contentment | 12. Spontaneity | 20. Interest | 28. Patience |
| 5. Acceptance | 13. Charity | 21. Strength | 29. Virtue |
| 6. Faith | 14. Balance | 22. Giving | 30. Dedication |
| 7. Hope | 15. Pleasure | 23. Honor | 31. <i>(Choose One)</i> |
| 8. Creation | 16. Peacefulness | 24. Honesty(Receiving) | 31 Define Your Own |

Advanced Tree of Life Prayer

Malkuth Prayer

I _____ stand firmly in the Tree of Life as a Malkuthian Man/Woman, being strong in all of the Four Elements with the Four Towers to protect me.

Yesod Prayer

I _____, am a King/Queen of Malkuth, the Kingdom of Spirit, embodied in the flesh. I am centered on the Middle Pillar, and I find strength in the sure Foundation that I am an Eternal Being.

I call upon the Powers of Yesod for my benefit, so that I may be empowered and so that from that empowerment I may empower others. Let my cup overflow, oh God, and give me essence in Foundation.

Oh God, may my creation and manifestation of the great plan on Earth be according to Your Will and not mine. Thank You, oh God. Thank You. Amen.

Hod Prayer

I _____, am a seeker in the Kingdom of Eternity, in the Light of all things. I am a center for all expression in GOD'S world. I accept the truth of GOD in all things, and through that I shall gain and find and have Glory and Splendor of all things great and small.

Netzach Prayer

I, _____, am a Warrior of Light and seek victory over evil and the works of the Devil. He shall not conquer my life and my vessel. Be gone Satan. I am the captain of my ship! There is no place for you here. Victory is mine!

Tiphareth Prayer

I, _____, am a center of expression for all Joy, Happiness, Faith, Hope, Good-heartedness, Charity, Love, Faithfulness, Diligence, Peace of heart and mind, Harmony, Balance, Honesty, Art, Success in business and relationships, and Freedom from emotional bonds. I receive all good things given to me by God. It is through me and me alone that all these things can come to pass in my life. It is not through other people that these things are to be found in my life. Thank You God for all this and Thine gifts to me, thank You! Amen.

Geburah and Chesed

(Hands up and out at shoulder)

I _____, stand in perfect unity within the powers of Geburah and Chesed. I am ready to ascend into higher realms of life. I am ready to cross the abyss and become one with the Eternal Grace of God. I am the middle pillar, unifying all the opposing forces of life.

(Put hands together into prayer in middle.)

I now join together in perfect unity the severity and mercy of God. I am one with God. Amen.

Qabalistic Prayer

Be favorable to me, oh Ye powers of the Kingdom Divine.

May glory and eternity be in my left and right hands, so that I may attain to victory. May piety and justice restore my soul to its original purity. May understanding and Wisdom Divine conduct me to the imperishable crown.

Spirit of Malkuth, Thou who hast labored and hast overcome, set me in the path of good. Lead me to the two pillars of the temple, to Jakin and Boaz, that I may rest upon them. Angels of Netzach and of Hod, make Ye my feet to stand firmly on Yesod. Angel of Gedulah, console me. Angel of Geburah, strike if it must be so, but make me stronger, so that I may become worthy of the influence of Tiphareth. Oh Angel of Binah, give me light. Oh Angel of Chokmah, give me love. Oh Angel of Kether, confer upon me faith and hope.

Spirits of the Yetziratic world, withdraw me from the darkness of Assiah. Oh luminous triangle of the world of Briah, cause me to see and understand the mysteries of Yetzirah and of Atziluth.

Oh holy letter, Shin, Oh Ye Ishim, assist me by the name of Shadai.

Oh Ye Kerubim, give me strength through Adonai. Oh Beni Elohim, be brothers unto me in the name of Tzabaoth. Oh Elohim, fight for me by the holy Tetragrammaton. Oh Melakim, protect me through Jehovah. Oh Seraphim, give me holy love in the name of Eloah. Oh Chashmalim, enlighten me by the torches of Eloi and the Shekinah. Oh Aralim, Angels of power, sustain me by Adonai. Oh Ophanim, Ophanim, Ophanim, forget me not, and cast me not out of the sanctuary. Oh Chaioth Ha Kadosh, cry aloud as an eagle, speak as a man, roar and bellow.

Kadosh, Kadosh, Kadosh, Shadai.

Adonai, Jehovah, Ehyeh, Asher, Ehyeh.

Hallelu-jah. Hallelu-jah. Hallelu-jah.

Amen. Amen. Amen.

ARCHANGEL MICHAEL 5th DIMENSIONAL TUBE OF LIGHT CLEARING

I invoke Archangel Michael with the 5th dimensional tube of Light.

*Michael, please place this tube of light around me
in this lifetime and in all lifetimes,
all planetary systems and all solar systems,
all alternate realities and all parallel realities,
all alternate universes, and all parallel universes,
all source systems and all realities,
and all space and time by the force of grace.*

*Michael use your sword of light to clear me of all foreign energies,
all thought forms, and beings, and when I am clear,
escort these energies into the tube of light
and return them to the fifth dimension
where they may be transmuted into their highest form of light.*

*Close up my aura to the influences of all beings
except of my higher self, the GOD consciousness,
my guides and guardians or beings I evoke for the purpose of channeling
So be it, and so it is.
Amen!*

Numerology in Qabalah

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Use the above chart to calculate your birth name numerically.

Example= JEAN SMITH

J=1 E=5 A=1 N=5 S=1 M=4 I=9 T=2 H=8

Add all the digits together until you get a single digit.

Example=Jean (1+5+1+5=12=1+2=3) Smith (1+4+9+2+8=24=2+4=6) Then Jean (3) + Smith (6) = 9

So the name Jean Smith is numerically a 9.

Then add your birthdate and time together until you have a single digit.

Example=September 9, 1953 2:40 AM will be 9+9+1+9+5+3+2+4=6

If your birth time is in the PM, use military time (2:40 PM would be 14:40 or 1+4+4=9)

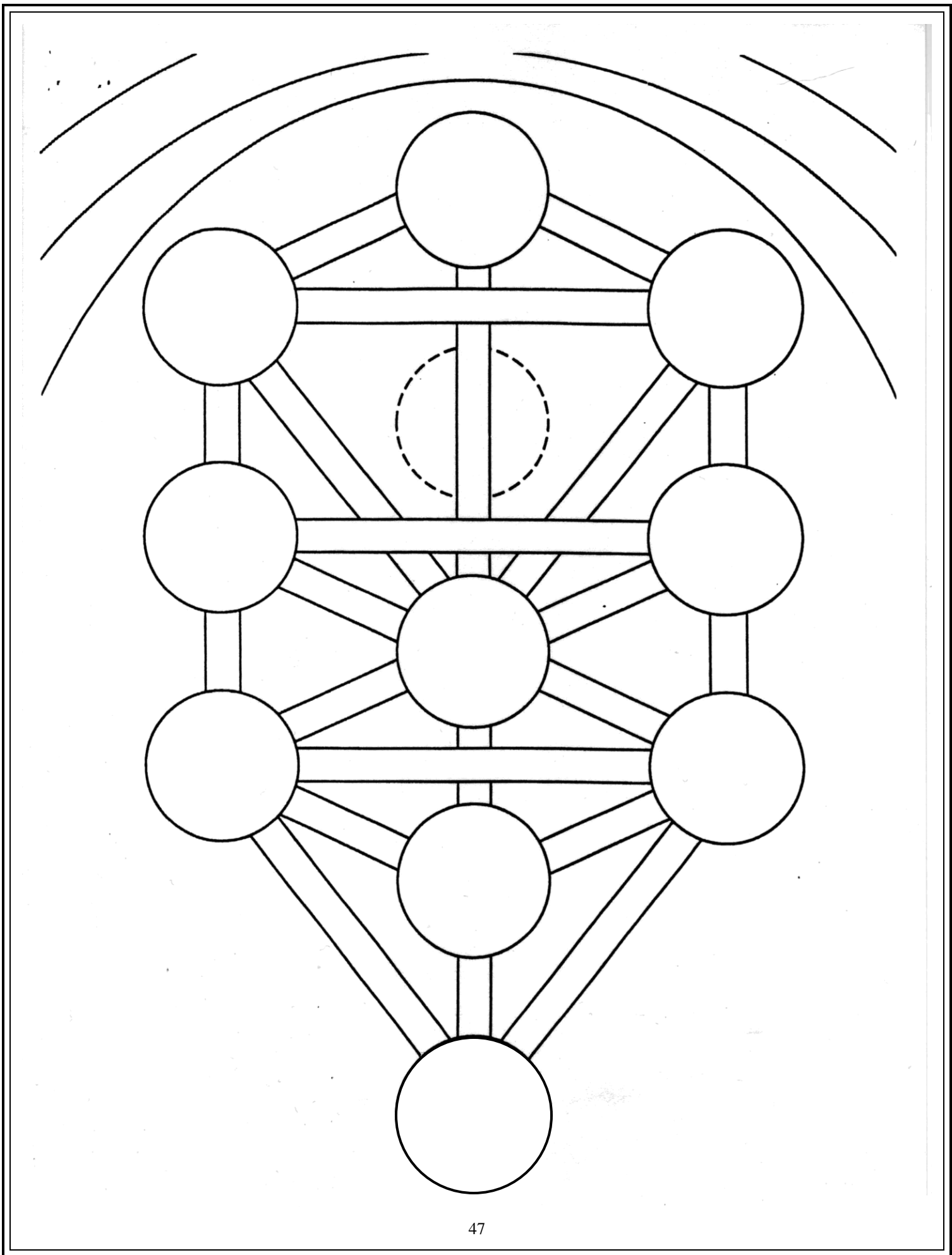
Then add your name number and your birth number together until you get a single digit

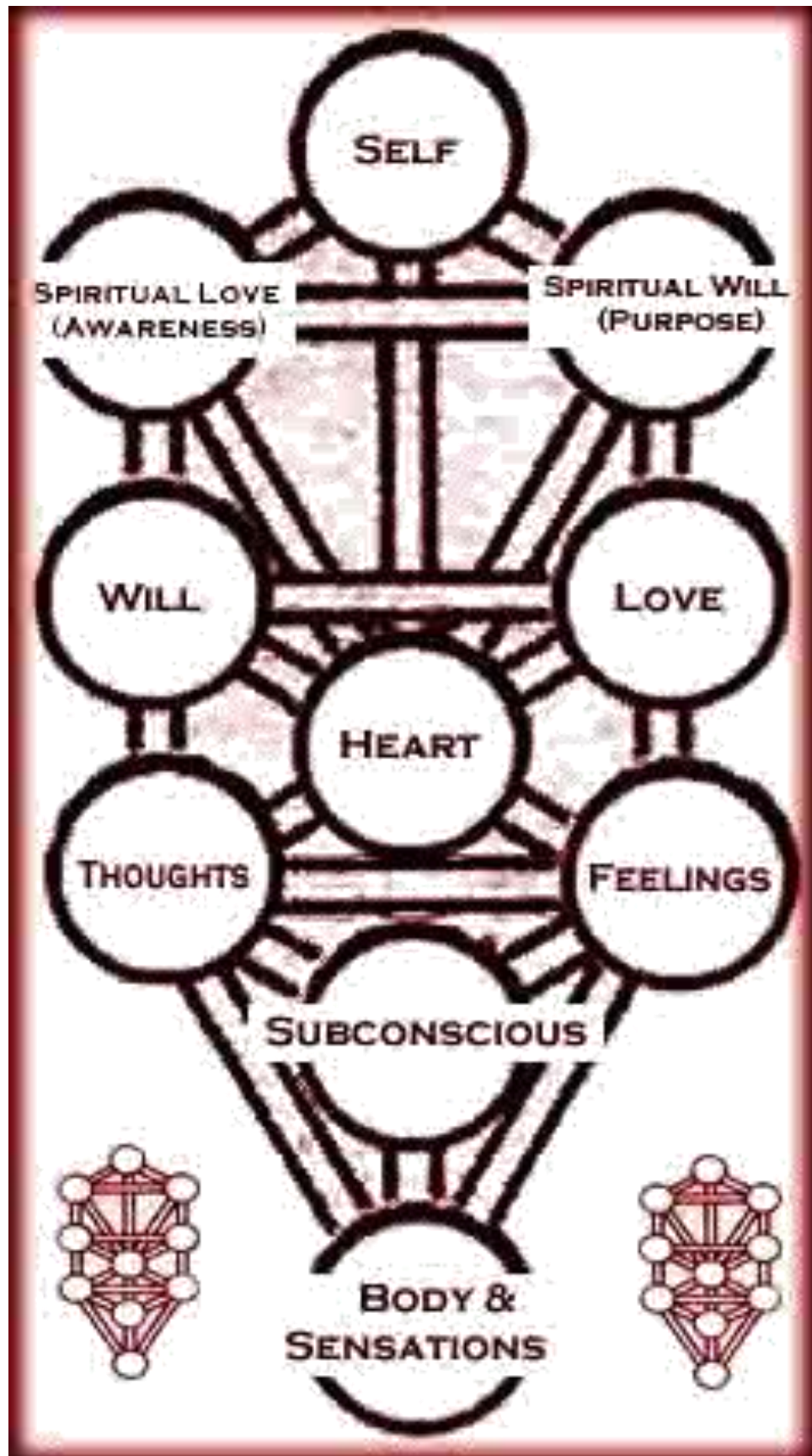
Example=Jean Smith 9 + birth date/time [September 9, 1953 2:40 AM] 6 = 9+6=15=1+5=6

Then match your number to the Tree from the top of Tree down

Example=Jean's full birth name and birth number is 6, so she was born at Tiphareth.

You can configure the name you use now if it is different than your birth name, and that will show where you are on the Tree now.





MALKUTH #10 Kingdom

SPHERE:	Earth; The earthen colors of Olive, Russet, Citrines, Black
ASPECT OF THE DIVINE:	Adonai Ha Aretz (AH-DOH-NI—AH—HA-RATZ) (w/Tone of F) . "Lord of the Earth and the Visible Universe/God" of the kingdom of man & the most direct influence in our physical and material affairs. Greater ability to discriminate in your life; to overcome a sense of inertia in life; physical health problems of self and others; affairs of home; greater self-discovers; elemental life.
ARCHANGEL:	Sandalphon , (Pronunciation: sahn-dahl-fon) " Approacher & the Prince of Prayer ," takes our prayers where it is best answered, takes prayers to the King of Kings. Answers prayers, formation of life, intercedes with Holy Spirit. Instrumental in differentiation of sex within the embryo & holds strong formation of the physical.
SPIRITS:	Ashim or the "Souls and Flames of Fire/The Order of Blessed Souls," Saints and Angels assisting Sandalphon. Saints most closely aligned with earth plane. Working w/ devas
VIRTUE:	Greater discrimination within our lives & experiencing "The Vision of the Holy Guardian Angel"
STRENGTHS:	Discrimination, prosperity, common sense, physical energy, discernment
WEAKNESSES:	Laziness, greed, avarice, overly reactive, aggressive, recklessness.
HEALING ENERGIES:	Where all illness MANIFESTS
ASTROLOGY:	Earth
DEEPEST LEVEL:	Vision of Holy Guardian Angel, discovery of things hidden within the physical universe, prosperity and security.
SPIRITUAL EXPERIENCE:	Vision of the Holy Guardian Angel
ACQUISITIONS:	Greater ability to discriminate in your life, to overcome a sense of inertia or overcoming inertia in life, insight into physical health (self or others), problems of Self and others, all affairs of the home, greater self-discovery; contact with the Elemental life forms and beings of Nature.
STONE:	F
TONALITY:	Any music for the home and hearth, especially Brahms's <i>Lullaby</i> , Dvorak, Puccini
COLORS/CANDLE:	Citrine, olive, russet or black
FRAGRANCES:	Sandalwood, lemon, carnation

PHYSICAL: Where all illness manifests, feet

VISION: of the Holy Guardian Angel

TAROT CARDS: **The Four Tens**
Ten of Wands: Oppression
Ten of Cups: Perfected Success
Ten of Swords: Ruin
Ten of Pentacles: Wealth

MAGICAL IMAGE: A young woman crowned and throned

MAGICAL SYMBOLS: Altar of the Double Cube, Equal-armed Cross, Magic Circle, Triangle of Evocation

MAGICAL GIFTS: Corn and grains, sacred oils, jewels and gems of the earth.

MEDITATION STONE: **SMOKY QUARTZ**—grounds our energies and helps to lift our energies and consciousness away from the physical. It helps the mixing of the energies of the earth with those of the spirit so we have our feet upon the ground and our heads within the heavens.

MAGICAL TREES:

1. **ELDER:** Mysteries of all burial rites, contact with the Mother Goddess, protection and healing.
2. **ELM:** Lends strength, aids overcoming exhaustion, tree of intuition, and inner call of Nature spirits and elf contact.

MALKUTH IN THE 4 WORLDS:

Assiah: black rayed yellow

Yetzirah: citrine, olive, russet & black, flecked gold

Briah: citrine, olive, russet & black

Atziluth: yellow

The Pattern on the Trestle Board: #10 "The kingdom of spirit is embodied in my flesh."

YESOD #9 – Foundation

SPHERE:	Moon; Foundation and gateway to all other levels of consciousness available. Violet color, Foundation of the astral and etheric planes, rhythms, fluctuations, tides of organic growth and cyclic changes going on around us. Subconscious, psychic and biological functions of life, awake, stimulate them into greater activity.
ASPECT OF THE DIVINE:	Shadai El Chai (SHAH-DI—EL—KHI) <u>(w/Tone of Middle C)</u> . " The Almighty Living God " Strength of God in life is Self Awareness and Self Confidence. Greater sense of true independence and confidence, greater intuition and psychic ability; mental and emotional health; dream work; understanding and recognition of the tides of change. Aspect of the Divine recognized in all things; receive God's strength. Intimate connection with God and yourself is the key to life.
ARCHANGEL:	Gabriel , (Pronunciation: Gab-ri-el) " Angel of Truth ," Chief guard placed over paradise. Guards the gateways to other realms, instill hopes. Gift of hope and reason for having it no matter what the circumstances.
SPIRITS:	The Cherubim which are the " Angels of Light and Glory ," and " Keepers of the Celestial Records ," (Akashic Records which contain information on any person, the situation in the past/present/future and greater knowledge is available to us from these records. Beings of Light and Glory.
VIRTUE:	Begin to learn to be more independent, allowing others the same. May not understand yet realize plan or reasoning will be revealed in own time.
STRENGTHS:	Independence, spontaneity, dream study, conscious psychic development, self-awareness, recognizing the Divine in all things.
WEAKNESSES:	Idleness, vanity, obsessive sex, impulsiveness, always a follower.
HEALING ENERGIES:	Reproductive organs, ovaries, breasts, lungs, stomach, menstruation
ASTROLOGY:	Moon
VISION:	Perception of rhythms of change, increased intuition and psychic abilities; dream consciousness; astral projection; true work with omens; strengthens emotional health; overcomes idleness
DEEPEST LEVEL:	Vision of the Machinery of the Universe
SPIRITUAL EXPERIENCE:	Recognition of a Divine Plan at work.
ACQUISITIONS:	Greater sense of true independence and confidence; Increased and greater intuition and psychic ability, strengthens mental and emotional health, dream consciousness and work, understanding and recognition, Perception of the rhythms and tides of change. Astral projections, true work omens; overcomes idleness

STONE:	Amethyst Anything invoking deep feelings; Handel's <i>Water Music</i> , a Chopin's <i>Nocturne</i>
COLORS/CANDLE:	Violet, Indigo
FRAGRANCES:	Lavender, Myrtle, and Honeysuckle
PHYSICAL:	All emotional-based illnesses, breasts, lungs, ovaries, stomach, menstruation
VISION:	Vision of the Machinery of the Universe
TAROT CARDS:	The Four Nines Nine of Wands: Great Strength Nine of Cups: Material Happiness Nine of Swords: Despair and Cruelty Nine of Pentacles: Material Gain
MAGICAL IMAGE:	A beautiful, naked man, very strong
MAGICAL SYMBOLS:	Perfumes and Sandals
MAGICAL GIFTS:	Silver Slippers with Wings, Mirror
MEDITATION STONE:	AMETHYST , An excellent meditation stone, facilitating the change of consciousness from our normal waking state into the more ethereal levels. Yesod is the gateway to the deeper levels of the Tree.

MAGICAL TREES:

1. **BIRCH**: Staffs of birch used by shamans to awaken energy to pass from one plane to another, healing
2. **CEDAR**: Protective, healing to imbalances of emotional or astral level, healing
3. **EUCALYPTUS**: Oil used in ancient Mystery Schools to clean aura during growth, protective, healing, stimulates the third eye
4. **HONEYSUCKLE**: Energy that helps learn from the past, stimulates energy of change, sharpens intuition, opens psychic abilities
5. **LEMON**: Cleansing the aura, draws protective spirits, good for purification at time of Full Moon
6. **MISTLETOE**: Sacred tree of Druids, female energy, all lunar aspects of the universe, protects children or the child within
7. **SYCAMORE**: Brings life and gifts, nourishment, beauty, female energies, sacred tree of the Egyptians, used to draw Hathor
3. **WILLOW**: Healing, removes aches, flexibility in thought, realization of links between our thoughts and external events

The Pattern on the Trestle Board: #9 "In thought and word and deed, I rest my life upon the sure foundation that I am an eternal being."

HOD #8 – Splendor

SPHERE:	Mercury ; Orange level of consciousness called "Glory". Working at this level assists us in books, learning, communication, trade, commerce & the exchange of ideas. Insight to travel, contracts the art of magic, thoughts in general. Greater manifestations within physical life learning about materialization and dematerialization.
ASPECT OF THE DIVINE:	Elohim Tzabaoth (EL-OH-HEEM tZAH-BAH-OAT) (w/Tone of D). means "God of Hosts Ruling the Universe in Wisdom & Harmony". Oversees the scientific and knowledge evolution of the world. Greater truthfulness; revealing of falsehood and deception around us; greater ability in communications, learning, magick, wheeling and dealings.
ARCHANGEL:	Michael (Pronunciation: Mee-kah-ehl), He is "Prince of Splendor & Wisdom & The Great Protector". Brings the gift of patience. Angel of Splendor, Balance, Protection. Brings patience, protects against psychic dangers.
SPIRITS:	Beni Elohim or "The Sons of God". Sons and Daughters of the Divine. They are concerned with the transmitting of divine consciousness into the minds of men through greater knowledge. The drive within the individual to "know God" is a result of contact with them. We awaken the virtue of truth.
SPIRITUAL EXPERIENCE:	Vision of Splendor
VIRTUE:	Awaken truth. Reveal falsehood in self and others. Reveals manifestation of knowledge in our lives whether through greater health, learning, and prosperity. This sphere reveals how to balance.
VICE:	in others or deception or ourselves. Using the knowledge at this level, dishonestly.
STRENGTHS:	Patience, practicality, knowledge, communication efforts, truthfulness
WEAKNESSES:	Deceit, impatience, dogmatism, over criticalness, separatism.
HEALING ENERGIES:	Nervous system, hands, vocal cords, thyroid, respiration, solar plexus, and mental problems.
PHYSICAL:	Loins and Legs
ASTROLOGY:	Mercury—the Messenger
VISION:	Vision of Splendor, House of Spells; Vision of truth; revelations of falsehood and deception; increased communication; knowledge of healing and magic; greater prosperity through increased knowledge; enhanced educational and scientific endeavors
DEEPEST LEVEL:	Vision of the truth <u>of</u> our lives and truth <u>in</u> our lives.

ACQUISITIONS:	Greater truthfulness, revelations, revealing of falsehood and deception around us. Greater ability, and increased communication. Knowledge of healing and learning, Magick, wheeling and dealing. Greater prosperity thought increased knowledge, enhanced educational and scientific endeavors.
TONE:	D, Woodwinds & horns: Mozart, Gershwin (rhythmic), Bach, Mozart's Magic Flute
COLORS/CANDLE:	Orange and peach
FRAGRANCES:	Rosemary, Frangipani, Wisteria
TAROT CARDS:	The Four Eights Eight of Wands: Swiftmess Eight of Cups: Abandoned success Eight of Swords: Shortened force Eight of Pentacles: Prudence
MAGICAL IMAGE:	Hermaphrodite
MAGICAL SYMBOLS:	Names and Vesicles and Apron
MAGICAL GIFTS:	Caduceus, staff
MEDITATION STONE:	CITRINE , Awakens the brain to higher knowledge. Its yellow-orange ray can shine like a sun into our lives. Excellent for applying spiritual energies to accomplish earthly matters.

MAGICAL TREES FOR THE TREE OF LIFE:

1. **ASPEN**, calms the anxieties, resurrection, soul fearlessness, communication, releases energy to enter subtler planes of life.
2. **FIG**, releases past life blockages, links conscious with subconscious with correct perspective, sacred tree of Buddha.
3. **HAZEL**, magickal tree, as in all fruit trees, the fruit is hidden wisdom, hazel twigs make powerful dowsing instruments.
4. **ORANGE**, assists in rising on the planes and astral projection, brings clarity to emotions
5. **PALM**, tree of peace, protection of an area or group, leaves prevents evil from entering an area, Christ energy.

The Pattern on the Trestle Board: #8 "I look forward with confidence to the perfect realization of the Eternal Splendor of the Limitless Light".

NETZACH #7 Victory

SPHERE:	VENUS frequency; Emerald-green level. Strengthens inspiration & creativity. Touches the heart with a deep understanding of relationships, love & the arts. "Vision of Beauty Triumphant" Level of our emotions, beauty that leaves us awestruck & speechless. Nature & love of nature can be unveiled. Contact fairy kingdoms with caution of condition known as "fairy charm".
ASPECT OF THE DIVINE:	Jehovah Tzabaoth (w/Tone of E), or the "God of Hosts" (encounter host of emotions) we need a God to bring victory over our emotions by recognizing, utilizing, & expressing the emotions in the most positive & beneficial manner. Divine Assistance with proper expression of emotions. Greater unselfishness; understanding and power in relationships; sexuality and elements of nature; creativity and the arts: love and idealism.
ARCHANGEL:	Haniel (Pronunciation: hah-ni-ehl), Archangel of Love & Harmony, patron of the arts, assists in artistic and creative endeavors.
SPIRITS:	Elohim , Energies that translate names into God/Goddesses of all traditions. Protectors of religion watch over leaders of people & help inspire right decisions.
SPIRITUAL EXPERIENCE:	Vision of Beauty Triumphant, Garden of Beauty
VIRTUE:	Unselfishness, a higher form of emotion, an expression of unconditional love.
VICE:	Unbalanced awakening & use of energies at this level can manifest as impurity, lust and not only on a physical, sexual level.
STRENGTHS:	Warmth, optimism, time in nature, creative activities, expressiveness.
WEAKNESSES:	Emotionalism, worry, envy, lust, impurity, possessiveness.
HEALING ENERGIES:	Physical attractiveness, hair, skin, kidneys, reproductive system, thymus, complexion.
PHYSICAL:	Loins, hips and legs
ASTROLOGY:	Venus
DEEPEST LEVEL:	Understanding of all relationships, especially love, in self. A vision of our true beauty and that within others.
ACQUISITIONS:	Greater unselfishness; artistic and creative inspiration; understanding & power of all relationships, especially love, awakened sexuality and contact with Nature Spirits (fairies and elves); elements of nature, awakened idealism.
STONE:	E, Beethoven's Pastoral Symphony, Zamfir, Schumann, Mendelssohn

COLORS/CANDLE:	Emerald, all greens
FRAGRANCES:	Rose, Patchouli, Bayberry
PHYSICAL:	Physical attractiveness, hair, skin, kidneys, reproductive system, thymus, complexion
TAROT CARDS:	<p>The Four Sevens</p> <p>Seven of Wands: Valor</p> <p>Seven of Cups: Illusory success</p> <p>Seven of Swords: Unstable effort</p> <p>Seven of Pentacles: Success unfulfilled</p>
MAGICAL IMAGE:	A Beautiful naked woman
MAGICAL SYMBOLS:	Lamp and girdle, The Rose
MAGICAL GIFTS:	Rose, wild flowers, sea shells
MEDITATION STONE:	<p>MALACHITE: helps those dedicated to the grounding of higher healing energies into the planet and all growing life. A good friend, bringing us into line with nature and all its forces.</p> <p>EMERALD: it can be used to open, to activate, and to stimulate the heart chakra, while helping to quiet the emotions. It can also be used to eliminate negativity from one's life and to bring forth the positive actions required to assist one in remaining centered in the practicality of one's lifework. It is a stone to bring harmony to all areas of one's life.</p>
SOLVING PROBLEMS:	(a) The import of the revealed law. (b) Prophets gave us the law. Jesus fulfilled the law and gave us more. Basically the law of love. We have free will, which allow us to violate the laws.

MAGICAL TREES:

1. **BIRCH**, staff of birch used by shamans to awaken energy to pass from one plane to another, healing.
2. **CHERRY**, realizing insights, openness, unconsciousness, threshold of new awakening Tree of Phoenix
3. **ELDER**, mysteries of all burial rites, contact with the Mother Goddess, protection and healing.
4. **ELM**, lends strength, aids overcoming exhaustion, tree of intuition, inner call of Nature spirits and elf contact.
5. **HAWTHORNE**, fertility, creativity, growth on all levels, sacred to the fairies.
6. **LILAC** spiritualizes the intellect, mental clarity, activates the Kundalini, and draws good spirits
7. **PEACH**, awakens realization that immortality can be attained but only in legitimate ways, calms emotions, artistic
8. **PINE**, calms emotions, awakens true occult Christian salvation, understanding sacred tree of Mithra, Dionysian energies
9. **SYCAMORE** brings life and gifts, nourishment, beauty, female energies, sacred tree of the Egyptians, used to draw Hathor.

The Pattern on the Trestle Board: #7 " Living from that Will, supported by its unfailing Wisdom and Understanding, mine is the Victorious Life".

TIPHARETH #6 Beauty

SPHERE:	Sun; Beauty like gleaming golden sun. The "Christ Center," "Christ Consciousness". Can harmonize all manifestations of energy. Healing, higher teachers, abundance and success come through this level. Touch Christ center within ourselves. Awakens devotion to the Great Work, understanding the mystery of sacrifice, experience deliberately the evolution of our soul. Manifestation of the Rainbow. This consciousness gives us victory over adversity; here resides the divine child within all of us.
ASPECT OF THE DIVINE:	Jehovah Aloah va Da'ath (w/ Tone of F). or "The God of Knowledge & Wisdom", The Lord God of Knowledge, Divine Aspect of God that creates through the power of Our Minds. Aspect, which rules over the Light of the Universe. Greater and higher sense of devotion; all matters of healing, life and success; for harmony on any level and any matter, awakening of Christ consciousness; glory and fame.
ARCHANGEL:	Raphael (Pronunciation: rah-fah-ehl), "Angel of Brightness, Beauty, Healing & Life". He is called "Healer of God" & work with us for administering any kind of healing energy, healer of the Divine.
SPIRITS:	Melakim , referred to at time "The Virtues of the Angelic Kings", the chief bestowers of grace, guardian angels, workers of miracles, valor upon mankind. Principal duty is to work the miracles upon the Earth & our lives.
SPIRITUAL EXPERIENCE:	Vision of the harmony of things. Mysteries of the Crucifixion, Mountain of the Soul
VIRTUE:	Responsible & humble for our manifestation, evolving, and progression.
VICE:	Unbalanced energy manifests false pride within us, smug, overly prideful.
STRENGTHS:	Reverence, idealism, nurturing, compassion, devotion.
WEAKNESSES:	False pride, self-doubt, insecurity, irreverence, blaming.
HEALING ENERGIES:	All general health problems, heart, back, blood pressure, circulation, stamina, and spine.
PHYSICAL:	The breast
ASTROLOGY:	Sun
DEEPEST LEVEL:	Awakens vision of rewards of devotion to great work (achieving the Holy Grail).

ACQUISITIONS:	Greater and Higher sense of devotion: all matters of healing, life and success; for harmony on any level. Any matter, awakening of Christ consciousness, Glory, fame, more energy for life and success: harmony with things of the heart; victory over adversity; access to the true energy of the rainbow; healing on all levels' miracles.
TOPE:	F, Handel's Messiah, Hayden's Creation, Pachelbe Fs Canon in D, Berlioz, sacred hymns
COLORS/CANDLE:	Golden yellow, pink
FRAGRANCES:	Rose, Jasmine, lily
TAROT CARDS:	The Four Sixes Six of Wands: Victory Six of Cups: Joy Six of Swords: Earned success Six of Pentacles: Material Success
MAGICAL IMAGE:	A Majestic King, a child, a sacrificed god
MAGICAL SYMBOLS:	Lamen, Rose Cross, Calvary Cross, Truncated Pyramid, Cube
MAGICAL GIFTS:	Crown that is too large
MEDITATION STONE:	ROSE QUARTZ , for the heart chakra and the heart of the Tree of Life, awakens self-fulfillment, healing and inner peace. Gentle like a child, loving like the Christ, and strong like a king.
SOLVING PROBLEMS:	(a) The nature of angels, demons & Elementals (b) The nature of angels, demons, & Elementals: We need to work to develop this contact because they will either work with us or against us. Elemental beings are between the demons and the angels. Elementals work with the same energies that we work with.
MAGICAL TREES:	<ol style="list-style-type: none"> 1. ASH, might, immortality, a universal source of life, Norse gods held council under it; Odin sacrificed on it. 2. ASPEN, calms anxieties, resurrection, soul fearlessness, communication, releases energy to enter subtler planes of life. 3. APPLE, all healing energies, promotes happiness, Tree of Knowledge, Fruit of Avalon, magickal powers, home of Unicorn. 4. CEDAR, protective, healing to imbalances of emotional or astral level, healing. 5. FIG, releases past life blockages, links conscious with subconscious with correct perspective, sacred tree of Buddha 6. HOLLY, (technically a bush, but with all the power of trees), protection, awakens love and overcomes hate, birth of Christ within. 7. LEMON, cleansing to the aura, draws protective spirits, good for purification at time of Full Moon. 8. MAGNOLIA, (aligned with Da'ath) energy top locate lost ideas, thoughts, or items; activates heart chakra; aligns heart with higher intellect.

9. **OAK**, sacred tree of Druids, male energy and all solar aspects of universe, strength, endurance, helpfulness.
10. **OLIVE**, tree of peace and harmony, restores peace of mind, regeneration, enables the touching of inner guidance.
11. **PALM**, tree of peace, protection of an area or group, leaves prevent evil from entering an area, Christ energy.

The Pattern on the Trestle Board: #6 "In all things great and small, I see the Beauty of the Divine Expression.

GEBURAH #5 Severity

SPHERE:	Mars; The Temple of Power; Severity and strength, Adjustment and assessment; Overcoming cruelty and destruction; Increased strength and courage; Energy for tearing down old and rebuilding new; critical judgment; Insight into enemies and discord
ASPECT OF THE DIVINE:	Elohim Gebor (w/ Tone of F). or "God Almighty", Divine aspect that protects, eliminates old for new growth; For change of any kind
ARCHANGEL:	Khamael (Pronunciation: cam-me-ehl), Angel of strength and courage; Defends and protects the weak and wronged; Fights dragons
SPIRITS:	Seraphim , "The Flaming Ones", Assist in stopping those who upset our lives
SPIRITUAL EXPERIENCE:	Vision of the natural forces and how to use them
VIRTUE:	Energy, courage
VICE:	Cruelty, destruction
STRENGTHS:	Confidence, critical judgment, initiative, activity, dealing with issues
WEAKNESSES:	Anger, fear, cruelty, self-doubt, manipulation, belligerence
HEALING ENERGIES:	Energy, anemia, colds, sinuses, red corpuscles, muscles, adrenals, temperature
PHYSICAL:	Right shoulder, right adrenal
ASTROLOGY:	Mars
DEEPEST LEVEL:	Awakens vision of one's true strength and courage and how to manifest it
ACQUISITIONS:	Will Power; Justice; Self determination; Assertion of self; Overcoming cruelty and destruction; increased strength and courage; energy for tearing down old and building the new; critical judgment; insight into enemies and discord
STONE:	
TONES:	F, Marches of any kind, strong rhythms, Wagner's <i>Ride of the Valkyries</i> , Verdi's <i>Grand march Verdi's Pomp and Circumstance</i>
COLORS/CANDLE:	Reds, Fire shades
FRAGRANCES:	Cinnamon, tobacco, gardenia, cypress
TAROT CARDS:	The Four Fives Five of Wands: Strife Five of Cups: Loss in Pleasure Five of Swords: Defeat Five of Pentacles: Earthly trouble

MAGICAL IMAGE: Mighty Warrior, Warrior in a chariot

MAGICAL SYMBOLS: The Pentagram, the five petaled Tudor Rose

MAGICAL GIFTS: Sword, Spear, Armor, Weapons

MEDITATION STONE: **GARNET**, once known for their powerfully protective energies, garnets provide strength and courage. The balance and uplift. The Hebrews called the garnet *barak* which means lightning. Garnet is often associated with Khamael and his assistance in our lives.

MAGICAL TREES:

1. **ASH**, might, immortality, a universal source of life, Norse gods held council under it; Odin sacrificed on it.
2. **OAK**, sacred tree of Druids, male energy and all solar aspects of universe, strength, endurance, helpfulness.
3. **PINE**, calms emotions, awakens true occult Christian salvation, understanding sacred tree of Mithra, Dionysian energies.

The Pattern on the Trestle Board: #5 " I recognize the manifestation of the Undeviating Justice in all the circumstances of my life."

CHESD #4 Mercy

SPHERE:	Jupiter; Temple of Blue, Mercy & Justice. Working at this level we can hear the call to greater heights & can utilize for greater abundance, growth, organization & prosperity. Helps to bestow peace, mercy within our lives & will manifest the Vision of Love and Truest Power on their highest spiritual levels.
ASPECT OF GOD:	EL , (w/ tone of G), or "God", "The Mighty One". He rules with glory, magnificence, grace & the Realization; When we touch this level. Greater sense of obedience to the Higher; financial gains, opportunities, building the new; justice; abundance; prosperity, hearing the inner call, Divine which reveals abundance, glory, and grace of life,
ARCHANGEL:	Tzadkiel (Pronunciation: zahd-kl-ehl) He is called the "Prince of Mercy & Beneficence" & "Called the Guard of the Gate of the East Winds." Protects teachers, guardian of east winds of manifestation.
UNDER TZADKIEL:	Chasmalim they are an Order of Angels called the "Brilliant Ones" & sometimes referred to as the "Dominations." Through them, we can realize Majesty of God is manifested through all worlds and in all men, the majesty of ourselves in communion with the majesty of God. Dominations manifest and awaken majesty in our life.
VIRTUE:	Awakens obedience to a higher Will both in the physical & spiritual realms of our inner self which creates in our lives new freedom & new power over the circumstances of it. We learned that the spiritual must be obeyed at the cost of the physical, for at this time, we have learned the reality of a greater love, love more spiritual than physical. Beyond the surface, superficial & give obedience to Higher Principles. Strengths: Idealism, truth and loyalty, patience, devotion, endurance, committedness
VICE:	Unbalanced, the energies at this level may see us manifesting bigotry & hypocrisy. Selfish kind of love rather than a universal expression that is capable of being manifested by contact & worked upon. Weaknesses: Hypocrisy, dogmatism, smugness, self-righteousness, false pride, bigotry,
HEALING ENERGIES:	cell nutrition, hemoglobin formation
ASTROLOGY:	Jupiter
SPIRITUAL EXPERIENCE:	Vision of Love

ACQUISITIONS:	Greater sense of obedience to higher laws, financial gains, opportunities, building the new, justice, abundance, prosperity, hearing the inner call, Increased abundance and opportunities for prosperity; justice in one's life; hearing and recognizing the inner spiritual call; awakening of greater peace and mercy, new growth and movement.
DEEPEST LEVEL:	Awakens a vision of love and true power at its most spiritual level.
STONE:	G , Franck's Panis Angelicus, Beethoven's Fifth Symphony, Tchaikovsky
COLORS/CANDLE:	Blue, purples
FRAGRANCES:	Bayberry, Cedar & Nutmeg
PHYSICAL:	The left arm, liver, hips, thighs, intestines
VISION:	of Love, Temple of Love
THE TAROT CARDS:	<p>The Four Fours</p> <p><i>Four of Wands:</i> Completion (Venus in Aries)</p> <p><i>Four of Cups:</i> Luxury (Luna in Cancer)</p> <p><i>Four of Swords:</i> Truce (Jupiter in Libra)</p> <p><i>Four of Discs:</i> Power (Sol in Capricorn)</p>
MAGICAL IMAGE:	A mighty crowned and enthroned ruler (King or Queen)
MAGICAL SYMBOLS:	The solid figure, Tetrahedron, Pyramid, Equal armed cross
MAGICAL GIFTS:	king's cup, cornucopia, orb, wand, scepter, crook
MEDITATION STONE:	<p>LAPIS LAZULI— associated with self-confidence, protection and inner tranquility. Spiritually strong and good for meditation. Induces mental calm, develops intuition, increases psychic ability and opens the throat for self-expression. It also eases anxiety, restlessness, insomnia and shyness. Thought to be useful in regulating the thyroid gland, to reduce blood pressure, to strengthen the skeletal system and help with problems affecting the neck and throat. Chakra: Throat and third eye.</p> <p>Sapphire—The Blue Sapphire is traditionally associated with purity and love. It assists you to stay on the spiritual path, releasing blockages and providing strength. Blue Sapphire facilitates self-expression, assisting in communication and expressing your truth and beliefs. It opens and heals the thyroid and the throat chakra and has a calming and balancing effect on the nervous system.</p>

MAGICAL TREES:

1. **CHERRY:** realizing insights, openness, unconsciousness, threshold of new awakening, Tree of Pheonix
2. **EUCALYPTUS:** oil used in ancient mystery schools to clean aura during growth, protective, healing, stimulates the third eye
3. **FIG:** releases past life blockages, links conscious with subconscious with correct perspective, sacred tree of Buddha
4. **WALNUT:** hidden wisdom, power for transition, catalytic energy, freedom of spirit, following one's path, laws of change
5. **WILLOW:** healing, removes aches, flexibility in thought, realization of links between our thoughts and external events

The Pattern on the Trestle Board #6: "From the exhaustless riches of its Limitless Substance, I draw all things needful, both spiritual and material."

DA'ATH, The Hidden Sphere

SPHERE:	Hidden knowledge, past life information, creative expression, higher vision and greater perception, knowledge and information that can increase wealth and prosperity, opportunity to balance the male and female aspects of our life, greater clarity of mind, revelation of past life karma.
ASPECT OF THE DIVINE:	Jehovah Elohim (w/ Tone of A). Creation through Knowledge; Greater knowledge of sorrows and burdens; mother-type information,; understanding on its deepest level; for strength through silence; understanding anything secretive.
ARCHANGELS:	The Archangels of the Four Quarters: Raphael, Michael, Gabriel and Uriel Raphael (Pronunciation: rah-fah-ehl), " Angel of Brightness, Beauty, Healing & Life ". He is called "Healer of God" & work with us for administering any kind of healing energy, healer of the Divine. Michael (Pronunciation: Mee-kah-ehl), He is " Prince of Splendor & Wisdom & The Great Protector ". Brings the gift of patience. Angel of Splendor, Balance, Protection. Brings patience, protects against psychic dangers. Gabriel (Pronunciation: Gab-ri-el) " Angel of Truth, " Chief guard placed over paradise. Guards the gateways to other realms, instill hopes. Gift of hope and reason for having it no matter what the circumstances. Uriel (Pronunciation: Ooo-ri-el)., He is the " Flame of God, " often identified as a cherub and angel of repentance. He "stands at the Gate of Eden with a fiery sword," or as the angel who "watches over thunder and terror."
SPIRITS:	Serpents of Knowledge , helps us to shift our perceptions
SPIRITUAL EXPERIENCE:	Vision across the abyss
VIRTUES:	Detachment; Perfection of Justice and the application of the Virtues untainted by considerations of the Personality, Confidence in the future.
VICES:	Doubt of the future, Apathy, Inertia, Cowardice (fear of the future), Pride leading to isolation and disintegration.
STRENGTHS:	Open-mindedness, willingness to face karma, courage to express
WEAKNESSES:	Doubts, fears, fanaticism, apathy and blame
PHYSICAL:	The throat
ASTROLOGY:	Sirius, the Dog Star
DEEPEST LEVEL:	Hidden knowledge of Divine operating in our life.

ACQUISITIONS:	Justice at the Supreme Level not just the concept of justice at the human level, but at the highest level of the soul; The over-coming of fear that is buried deep within ourselves—fear of our imperfections;
COLORS/CANDLE:	Grays, Lavenders
FRAGRANCES:	Lilac, Bay Oil, Wisteria
MAGICAL IMAGE:	Janus (man with two faces looking in opposite directions), an Isis figure
MAGICAL GIFTS:	Book of Knowledge, Crescent, Pentacle
MAGICAL SYMBOLS:	The Empty Room, Condemned Cell; A Prism; A High Mountain Peak; The Grain of Corn
MYTHOLOGY FIGURES:	Prometheus, Galahad, Perseus and “The Heroes, the Sons of the Immortals,” as spoken by Pallas Athene in Kingsley’s “The Heroes”
MAGICAL TREES:	
	1. MAGNOLIA , (aligned with Da’ath) energy top locate lost ideas, thoughts, or items; activates heart chakra; aligns heart with higher intellect.

BINAH - #3 Understanding

SPHERE:	Understanding sorrows, sacrifices and burdens; all mother-type information; deeper relationship with Mother Nature; new birth; uncovered secrets
ASPECT OF THE DIVINE:	Jehovah Elohim (w/ Tone of A). or "Perfection of Creation," Divine aspect that gives understanding and new birth
ARCHANGEL:	Tzaphkiel (Pronunciation: zaf-ki-ehl), "Angel of Spiritual Strife against Evil; answers prayers, formation of life, intercedes with Holy Spirit, presides over karmic records
SPIRITS:	Aralim , referred to as the "Strong and Mighty Ones." Gives sustenance and understanding, guards Mother Earth.
SPIRITUAL EXPERIENCE:	Vision of sorrow, the sorrow of duality seen below the Abyss, the City of the Pyramids, Faith
VIRTUE:	Silence
VICE:	Avarice (greed for wealth)
STRENGTHS:	Patience, silence, faithfulness, nurturing, discipline, strength of will
WEAKNESSES:	Impatience, greed, fear of future, martyrdom, lack of confidentiality
PHYSICAL:	The right side of face, skeletal structure, skin
ASTROLOGY:	Saturn
DEEPEST LEVEL:	Awakens a vision and understanding for the processes of birth and death
ACQUISITIONS:	rebirth into Spirit after crossing the Abyss
STONE:	<i>E, Bach-Gounod Ave Maria, Schubert's Ave Maria, Brahms's Lullaby, Debussy's Clair de Lune</i>
COLORS/CANDLE:	Black, all colors
FRAGRANCES:	Eucalyptus, myrrh, chamomile, sage
TAROT CARDS:	The Four Threes Three of Wands: Established strength Three of Cups: Abundance Three of Swords: Sorrow Three of Pentacles: Material Works

MAGICAL IMAGE: Mature woman, matron, crone

MAGICAL SYMBOLS: Cup or Chalice, City of the Pyramids

MAGICAL GIFTS: Outer cloak of concealment, robe of many colors, yoni

MEDITATION STONE: **OBSIDIAN:** awakens the darker self within so we can transmute it into the higher. A powerful stone to use for giving birth to new, bringing the light from the womb. Most people have difficulty with its energy.
BLACK TOURMALINE: The highest of the black stones, protects and nurtures. Like obsidian, teaches us how to bring more light into the darkened world. A devoted servant to the Light helps us to radiate spiritual consciousness in all situations.

MAGICAL TREES:

1. **BEECH**, awakens soul quality of tolerance, aids contact to higher self, can be used for all patterns of growth
2. **CYPRESS**, healing, understanding of crises, awakens comfort of home and mother
3. **ELDER**, mysteries of all burial rites, contact with the Mother Goddess, protection and healing
4. **ELM**, lends strength, aids overcoming exhaustion, tree of intuition, inner call of Nature spirits and elf contact
5. **LILAC**, spiritualizes the intellect, mental clarity, activates the kundalini, draws food spirits
6. **MISTLETOE**, sacred tree of Druids, female energy, all lunar aspects of universe, protects children or the child within
7. **PINE**, calms emotions, awakens true occult Christian salvation, understanding sacred tree of Mithra, Dionysian energies

The Pattern on the Trestle Board: #3 "Filled with understanding of Its perfect law, I am guided, moment by moment, along the path of liberation."

CHOKMAH - #2 Wisdom

SPHERE:	Greater initiative; opportunities for new undertakings; pure source of life-giving energy; any father-type information; realization of hidden abilities; revelations of things concealed; understanding of astrology and the influence of the stars; Abba – The Supernal Father; Power of Yetzirah
ASPECT OF THE DIVINE:	Jah/Jehovah (w/ Tone of A). or "Divine, Ideal Wisdom," Teaches and reveals starry and hidden influences; Greater personal initiative; a source of energy which puts things in motion; father-type information; realization of one's abilities
ARCHANGEL:	Ratziel (Pronunciation: rat-zi-ehl), "Angel of Hidden Knowledge and Concealment," Herald of God
SPIRITS:	Ophanim , referred to as the "Whirling Forces," assist in visions of spiritual forces
SPIRITUAL EXPERIENCE:	The Vision of God face to face
VIRTUE:	Devotion to the Great Work
VICE:	none
STRENGTHS:	initiative, devotion, study of stars, goal-oriented, idealism
WEAKNESSES:	inefficiency, procrastination, envy, superstitiousness, fear of the future
PHYSICAL:	The left side of face, skeletal structure, skin
ASTROLOGY:	Neptune
DEEPEST LEVEL:	Awakens a vision of the Divine, face-to-face
ACQUISITIONS:	rebirth into Spirit after crossing the Abyss
TONE:	Haydn's <i>Trumpet Coconcerto</i> , Rachmaninoff, Haydn's <i>Creation</i> , Vivaldi
COLORS/CANDLE:	Gray, fog and smoke tones
FRAGRANCES:	Musk, Eucalyptus, myrrh, chamomile, sage
TAROT CARDS:	The Four Twos Two of Wands: Dominion Two of Cups: Love Two of Swords: Peace restored Two of Pentacles: Harmonious change

MAGICAL IMAGE: Older, bearded male figure

MAGICAL SYMBOLS: The Lingam, the Inner Robe of Glory

MAGICAL GIFTS: Scepter of Power, staff, phallus

MEDITATION STONE: **OPAQUE FLUORITE:** Fluorite activates high energies and wisdom. The opaqueness corresponds with the clouds to be cleared away to reveal the light within.

MAGICAL TREES:

1. **EUCALYPTUS**, oil used in ancient Mystery Schools to clean aura during growth, protective, healing, stimulates the third eye
2. **HONEYSUCKLE**, energy that helps learn from the past, simulates energy of change, sharpens intuition, opens psychic abilities
3. **LILAC**, spiritualizes the intellect, mental clarity, activates the kundalini, draws good spirits
4. **WALNUT**, hidden wisdom, power for transition, catalytic energy, freedom of spirit, following one's path, laws of change

The Pattern on the Trestle Board: #2 "Through me Its unfailing Wisdom takes form in thought and word."

KETHER - #1 Crown

SPHERE:	Creativity and artistic inspiration; revelations of endings and beginnings; opportunities and energies for change and transition, new light and insight into the spiritual path; intensified aspects of life or evolutionary path; initiation of new life flow and opportunities.
ASPECT OF THE DIVINE:	Eheieh (w/ Tone of B). or "I am That I Am," deepest spiritual aspect of divine we can experience; Greater creativity; any final ending information; inner spiritual quest and its causes and attainment
ARCHANGEL:	Metatron (Pronunciation: met-ta-tron), "King of Angels," "Angel of the Presence," links divine and humans, gifted humans with Qabalah
SPIRITS:	Chaioth ha-Qadesh , Holy Living Creatures; reveal love, light, and fire in humans and nature
SPIRITUAL EXPERIENCE:	Union with God
VIRTUE:	Attainment, completion of the Great Work
VICE:	none
STRENGTHS:	Creative imagination, sense of wonder, embracing change, order
WEAKNESSES:	Excessive daydreaming, shame, self-denial, lack of sympathy, poor self-image
PHYSICAL:	The cranium, the thousand-petal lotus
ASTROLOGY:	Uranus
DEEPEST LEVEL:	Reveals what must be done to complete life's work and how to do it
ACQUISITIONS:	Attainment – Union with God; Oneness with All
MUSIC:	<i>Wagner's Pilgrim's Chorus</i> , Theme from <i>2001: A Space Odyssey</i> , Pachelbel's <i>Canon in D</i>
COLORS/CANDLE:	Brilliant White
FRAGRANCES:	Frankincense, ambergris, sage
TAROT CARDS:	The Four Aces Ace of Wands: Root of the Powers of Fire Ace of Cups: Root of the Powers of Water Ace of Swords: Root of the Powers of Air Ace of Pentacles: Root of the Powers of Earth
MAGICAL IMAGE:	Ancient, bearded king seen only in profile

MAGICAL SYMBOLS: The Point, the Crown, the Swastika

MAGICAL GIFTS: Spinning top, Spark of Light, Tinder Box

MEDITATION STONE: **DOUBLE TERMINATED QUARTZ OR HERKIMER DIAMONDS:** this stone shifts the brain powerfully into alpha/deep stillness. Amplifies and stores thoughts, energy; and can be used as a bridge to stimulate energy flow up through the Chakra centers, opening the Brow and Crown Chakra for a strong, clear channel for psychic readings and meditation. This stone helps you choose a direction to follow that will offer the path of least resistance. They contain a store of ecological memory that can be utilized by a person who can tune into the energy. Can also guide you in remembering your own past-life experiences.

MAGICAL TREES: None listed

The Pattern on the Trestle Board: #1 "I AM a center of expression for the Primal Will to Good which eternally creates and sustains the Universe."

Qabalah is the Tree of Eternal Life & The Light Body



**Notice how the Sephiroth fit on the body.
If you fold the Tree into the Middle Pillar, the 7 chakras are created.**

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